

# Community Health Needs Assessment

CHI St. Gabriel's Health – Little Falls, MN Approved May 2025



NDSU Center for Social Research Report #124
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### **Acknowledgements**

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### **Executive Summary**

### **Purpose**

The purpose of this community health needs assessment (CHNA) is to identify and prioritize significant health needs of the community served by CHI St. Gabriel's Health in Little Falls, Minnesota. The priorities identified in this report help to guide the hospital's community health improvement programs and community benefit activities, as well as its collaborative efforts with other organizations that share a mission to improve health. This CHNA report meets requirements of the Patient Protection and Affordable Care Act that not-for-profit hospitals conduct a community health needs assessment at least once every three years.

### CommonSpirit Health Commitment and Mission Statement

The hospital's commitment to engaging with the community, assessing priority needs, and helping to address them with community health program activities is in keeping with its mission. As CommonSpirit Health, we make the healing presence of God known in our world by improving the health of the people we serve, especially those who are vulnerable, while we advance social justice for all.

### **CHNA Collaborators**

CHI St. Gabriel's Health contracted with the North Dakota State University Center for Social Research to conduct the CHNA. The Center for Social Research developed community profiles and developed and conducted a community feedback survey that provided the foundation for this needs assessment. Astera Health, CentraCare, the Community Health Board of Morrison, Todd and Wadena counties, and the Lakewood Health System collaborated with CHI St. Gabriel's Health on the CHNA.

### **Community Definition**

CHI St. Gabriel's Health is located in Little Falls, Minnesota. The hospital primarily serves Morrison County where Little Falls is located, and is the only hospital in Morrison County. CHI St. Gabriel's Health also serves neighboring Todd and Wadena counties in Minnesota. Todd County is also home to Long Prairie Memorial Hospital and Lakewood Health System Critical Care Hospital. There are no hospitals in Wadena County. Morrison, Todd, and Wadena counties are each designated as a Health Professional Shortage Area (HPSA) by the United States Health Resources & Services Administration. Todd County as well as parts of Morrison and Wadena counties are also designated as a Medically Underserved Area (MUA) by the United States Health Resources & Services Administration. Morrison County is a rural county located in central Minnesota and has a population of 34,023.

### Assessment Process and Methods

Community health needs were assessed using secondary data from national and state sources and primary data gathered from community members during a two-month survey period. CHI St. Gabriel's Health solicited input from community organizations representing health, education, law enforcement, victim advocacy, social services, and the medically underserved to review and validate community health needs at a community input meeting held January 7, 2025.

Multiple data sources with various indicators that inform social considerations were compiled and analyzed. Data sources include but are not limited to County Health Rankings, the American Community Survey (ACS), the Bureau of Economic Analysis (BEA), and the Centers for Disease Control and Surveillance (CDC). All community level data were compared to state and national data for context. Community member input was solicited via an online survey and a community input meeting.



The online survey was developed by staff with the Morrison, Todd, and Wadena County public health agencies, with technical assistance from the Minnesota Department of Health Center for Health Statistics. The public health agencies, along with community partners distributed the survey link through email, social media, newsletters, and websites. Survey opportunities were also shared during community gatherings. Paper copies were available upon request and were manually entered into the electronic system by staff. The survey was open from July 3 through September 13, 2024. Survey data were analyzed using widely accepted standard descriptive statistics, such as mean, median, and frequencies. Priority needs were identified as those issues with the greatest level of consensus among survey respondents.

CHI St. Gabriel's Health solicited feedback on survey findings at a community input meeting held January 7, 2025. A presentation that summarized the community profile and highlighted key survey findings was used to report and validate priority needs identified in the survey results and guide discussion of needs and priorities for community health improvement planning.

### Prioritized Significant Health Needs

Based on analysis of survey data, the following health needs were identified as issues with the greatest degree of consensus among survey respondents. Secondary data are provided in support of these findings as appropriate.

- Substance misuse. When asked about the most harmful behaviors in their community, half of respondents (54 percent) cited drug use and nearly half (46 percent) cited alcohol use. In addition, nearly half of respondents (45 percent) acknowledged that substance misuse was a concern in their own home; 17 percent said it was 'sometimes' a concern, 10 percent said it was 'often' concern, and 19 percent said 'rarely'. The prevalence of adult excessive drinking in Morrison County (20 percent) is similar to Minnesota (21 percent) and the nation overall (18 percent).
- Obesity or overweightness. Thirty percent of respondents cited poor eating habits as one of the most harmful behaviors in their community. The adult obesity rate is higher in Morrison County (37 percent) than in Minnesota (32 percent) and the nation overall (34 percent). In addition, substantially fewer people in Morrison County (46 percent) have access to exercise opportunities than in Minnesota (86 percent) and the nation overall (84 percent). Even so, the food environmental index (a measure of food insecurity and access to healthy foods) in Morrison County is similar to the statewide index score.
- Affordability of health care services. Eleven percent of respondents indicated they do not have a primary care provider. Of those respondents who do not have a primary care provider, 31 percent cited cost as the reason for not having one, 31 percent said they did not need one, 23 indicated conflicts with work, and 17 percent cited a lack of insurance. While the uninsured rate in Morrison County (6 percent) is similar to Minnesota overall (5 percent), the unemployment rate (4.4 percent) is higher than Minnesota (2.7 percent) and the nation (3.7 percent). In addition, the median household income in Morrison County is substantially lower (\$66,264) than Minnesota (\$84,313) and the nation (\$75,149) and the poverty rate in Morrison County (10.3 percent) is slightly higher than Minnesota (9.3 percent). The poverty rate for adults age 65 and older in Morrison County (11.4 percent) is also higher than Minnesota (9.1 percent) and the nation (7.9 percent).

- Mental health (anxiety, stress, depression). Seventy percent of respondents rated their level of overall stress in the past month as either medium or high; 19 percent said it was high. Nineteen percent of respondents also indicated stress has prevented them from attending work, school, or social events. The prevalence of poor mental health days in the past month in Morrison County (4.5 days) is similar to Minnesota (4.3 days) and national (4.8 days) averages. However, 21 percent of respondents reported feeling nervous, on edge, or unable to stop worrying 10 or more days in the past month. Further, 15 percent of respondents reported feeling sad, blue, or depressed for 10 or more days in the past month. The ratio of residents per mental health care provider in Morrison County (740:1) is higher (worse) than in Minnesota (280:1) and the nation overall (300:1).
- Social connections. Nearly all respondents reported some level of social interaction with family, friends, and neighbors in a typical month. However, respondents interact more frequently using a digital format (text, call, or social media) than in person. Three-fourths of respondents (77 percent) reported interacting digitally at least 10 days per month; 35 percent said every day. In contrast, 56 percent of respondents reported interacting in person with family, friends, and neighbors at least 10 days per month; 11 percent said every day. Social interactions are especially relevant for seniors. The percentage of households with adults aged 65 and older in Morrison County is higher (34 percent) than in Minnesota (29 percent) and the nation (31 percent). In addition, the percentage of householders aged 65 and older living alone in Morrison County (14 percent) is also higher than in Minnesota (12 percent) and the nation (12 percent).

### Resources Potentially Available

Programs, resources, and organizations in the community that are potentially available to address significant health needs were identified by key informants giving input to this process. While not exhaustive, this list — which includes dozens of potential resources — draws on the experiences and knowledge base of those directly serving the community. A list of community resources can be found in a separate resource section later in the report.

### Report Adoption, Availability, and Comments

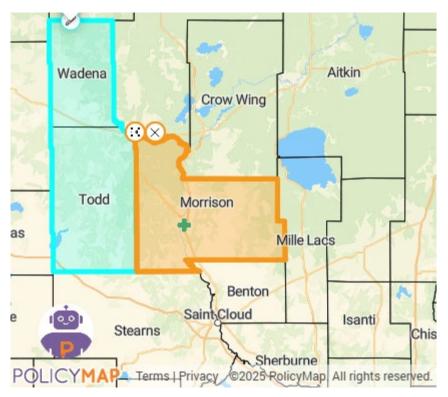
This CHNA report was adopted by the CHI St. Gabriel's Health Board of Directors in May 2025. The report is widely available to the public on the hospital's website, and a paper copy is available for inspection upon request at the Administration Office of CHI St. Gabriel's Health. Written comments on this report can be submitted via mail to CHI Health - The McAuley Fogelstrom Center (12809 W Dodge Rd, Omaha, NE 68154 attn. Healthy Communities); electronically at: https://forms.gle/KGRq62swNdQyAehX8; or by calling Ashley Carroll, Market Director, Community and Population Health, at: (402) 343-4548.



### **Community Definition**

CHI St. Gabriel's Health is located in Little Falls, Minnesota at 815 Second Street SE. The hospital primarily serves Morrison County where Little Falls is located, and is the only hospital in Morrison County. Morrison County is considered the primary service area for this needs assessment and Todd and Wadena counties are considered the secondary service area. Morrison, Todd, and Wadena counties are each designated as a Health Professional Shortage Area (HPSA) by the United States Health Resources & Services Administration. Todd County as well as parts of Morrison and Wadena counties are also designated as a Medically Underserved Area (MUA) by the United States Health Resources & Services Administration.

Figure A: CHI St. Gabriel's Health Community Needs Assessment Service Area



The following zip codes correspond to 80 percent of admissions to CHI St. Gabriel's Health: 56338, 56345, 56364, 56364, 56367, 56373, 56382, 56443, and 56475.



Core demographics for Morrison County, Minnesota are summarized in Table 1.

Item	Morrison County, Minnesota
Community Description	Semi-rural
Population	34,023
Racial and Ethnic Distribution	
White, non-Hispanic alone	95.1%
American Indian and Alaska Native alone	0.1%
Black or African American alone	0.3%
Asian or Pacific Islander alone	0.3%
Some other race alone	1.0%
Two or more races	2.6%
Hispanic Origin (of any race)	1.8%
Median Household Income	\$66,264
Percent of Persons Below Poverty Rate	10.3%
Unemployment Rate	4.4%
Percent Population with less than High School Diploma	7.6%
Percent of People 5 and Older who are Non-English Speaking	0.6%
Percent of People without Health Insurance	6%
Percent of People with Medicaid	23.0%
Health Professional Shortage Area	Yes
Medically Underserved Area	Yes
Number of Hospitals in the County	1 (CHI St. Gabriel's Health)

### **Hospital Description**

CHI St. Gabriel's Health, a cornerstone of Little Falls, Minnesota, has been serving the community for over 127 years. Founded by the Sisters of the Order of St. Francis in 1891, the hospital has grown from a small building to a three-story facility with a modern 15,000-square-foot Family Medical Center extension. This expansion brought a walk-in clinic and retail pharmacy, enhancing access to health care for the community.

CHI St. Gabriel's Health serves as the primary medical resource for Morrison County, providing care to over 33,000 residents. The hospital also serves a broader region, with 25 percent of its patients coming from within a 30-mile radius. In the late 1990s, the hospital received the Critical Access Hospital designation, a federal program supporting rural hospitals with emergency rooms.

Today, CHI St. Gabriel's Health offers a comprehensive range of services, including 25 inpatient beds, an emergency room, an urgent care clinic, same-day surgical facilities, and educational programs. The hospital collaborates with qualified physicians and advanced practice clinicians, ensuring a diverse range of expertise. The Emergency Services Department is open to all, regardless of their ability to pay, reflecting the hospital's commitment to serving the community.



As part of CHI St. Gabriel's Health, the hospital actively participates in a financial assistance program and provides charity care, demonstrating its dedication to serving the needs of the less fortunate. CHI St. Gabriel's Health is a multi-facility organization, encompassing St. Gabriel's Hospital, Family Medical Center, Little Falls Orthopedics, CHI Health at Home, and Alverna Apartments. This network provides a full spectrum of health care services, reflecting the hospital's commitment to meeting the diverse needs of the community.

CHI St. Gabriel's Health is part of the Midwest Division of CommonSpirit Health, a national nonprofit Catholic health care organization. This affiliation allows the hospital to leverage resources and expertise, further enhancing its ability to provide high-quality care to the residents of Little Falls and surrounding areas.

### Assessment Process and Methods

Community health needs were assessed using secondary data from national and state sources and primary data gathered from community members during a two-month survey period. CHI St. Gabriel's Health representatives solicited input to prioritize identified needs at a community meeting held January 7, 2025.

### Secondary data: community profiles

Community profiles are an integral part of assessing community health needs. To get a complete sense of the community, multiple data sources with various indicators that inform social considerations were compiled and analyzed. Data sources include but are not limited to County Health Rankings, the American Community Survey (ACS), the Bureau of Economic Analysis (BEA), and the Centers for Disease Control and Surveillance (CDC). All community level data were compared to state and national data for context

### Primary data: health needs survey and community discussion

To help supplement secondary data sources, community member input was solicited via an online survey and a community input meeting. The online survey was developed by staff with the Morrison, Todd, and Wadena County public health agencies, with technical assistance from the Minnesota Department of Health Center for Health Statistics. The survey was developed and administered using ArcGIS Survey123 and was available in both English and Spanish. The public health agencies, along with community partners distributed the survey link through email, social media, newsletters, and websites. Survey opportunities were also shared during community gatherings. Paper copies were available upon request and were manually entered into the electronic system by staff. The survey was open from July 3 through September 13, 2024. The survey tool can be found in Appendix C.

The survey solicited feedback on respondents' perceptions of various issues and topics: quality of life, social connections, mental health, concerns in their home, harmful behaviors in the community, and demographic and household characteristics. Survey data were analyzed using widely accepted standard descriptive statistics, such as measures of mean, median, and frequencies. Priority needs were identified as those issues with the greatest level of consensus among survey respondents. Survey findings are detailed later in this assessment. The questionnaire can be found in Appendix C and detailed results in Appendix D.

### **Community Input**

CHI St. Gabriel's Health solicited feedback on survey findings at a community input meeting held on January 7, 2025. A presentation that summarized the community profile and highlighted key survey findings was used to report and validate priority needs identified in the survey results, as well as guide discussion of needs and priorities for community health improvement planning. During the community input meeting, attendees discussed survey findings, whether the survey findings aligned with their perceptions of their community's needs, and the demographics of survey respondents. Aside from the topics presented, discussion also included child care availability and cost, transportation, access to healthy foods, and adverse childhood experiences. There were 21 attendees, including representatives from:

- Little Falls Schools
- Midstate Education District
- CHI/CommonSpirit
- Morrison County Health and Human Services (HHS)
- Eldercare of Minnesota

- St. Gabriel's Hospital
- Senior Life Solutions
- CHI Health at Home and Hospice
- North Dakota State University Center for Social Research

CHI St. Gabriel's Health collaborated with Astera Health, CentraCare, the Community Health Board of Morrison, Todd and Wadena counties, and the Lakewood Health System. CHI St. Gabriel's Health contracted with the North Dakota State University Center for Social Research to conduct the CHNA. The Center for Social Research developed community profiles and developed and conducted a community feedback survey that provided the foundation for this needs assessment.

The hospital invited written comments on the most recent CHNA report and Implementation Strategy both in the documents and on the website where they are widely available to the public. No written comments have been received.

### **Assessment Data and Findings**

### Community Profile

Morrison County is a rural county in central Minnesota. The county seat and largest city is Little Falls. With 34,023 residents, Morrison County is Minnesota's 33<sup>rd</sup> most populous county. It is home to proportionally more adults aged 65 and older than Minnesota and the United States as a whole. Like most of Minnesota, Morrison County's racial composition is largely white. The median household income and median home value are lower in Morrison County than they are in Minnesota and the nation, but so are the costs associated with home rental and ownership. The percentage of households with residents aged 65 and older as well as householders aged 65 and older living alone are higher in Morrison County than in Minnesota and the United States overall. Morrison County's poverty rate is higher than the statewide rate but lower than the national average.

Morrison County has higher rates of adult smoking and adult obesity than Minnesota and the United States on average. The adult excessive drinking rate in Morrison County is slightly lower than Minnesota overall, but slightly higher than the national average. The county's leading causes of death are malignant neoplasms, diseases of the heart, accidents, COVID-19, and chronic lower respiratory disease. Morrison County has a lower annual flu shot rate than both Minnesota and the nation. Morrison County has more residents per primary care physician, mental health care provider, and dentist than Minnesota and the nation overall.



Morrison County faces relatively moderate to relatively high risk of loss due to lightning, strong winds, riverline flooding, wildfire, and various winter conditions. However, Morrison County's overall risk due to natural hazards is relatively low. Morrison County's social vulnerability is rated as relatively low and its community resilience is rated as very high. These factors combined give Morrison County a relatively low National Risk Index Score, indicating a fairly strong general preparedness to respond to crises.

### **Community Demographics**

The American Community Survey's (ACS) most recent five-year estimate of Morrison County's population is 34,023, making it Minnesota's 33<sup>rd</sup> most populous county. Nearly 1 in 4 residents in Morrison County are under the age of 18 (23.0 percent) and 20.1 percent are aged 65 and older (Table 2). The county's racial composition is largely non-Hispanic white (95.1 percent). Less than 1 percent of the population speaks English less than very well (Table 1). The county's gender split is roughly even at 51 percent male and 49 percent female.

Table 2: Population Estimates, Morrison County, Minnesota, and United States, by Age, Race/Ethnicity, and Sex (2022)				
Age Group	Morrison County Population	Morrison County Percentages	Minnesota Percentages	United States Percentages
0-4	1,916	5.6%	6.0%	5.7%
5-17	5,943	17.4%	17.0%	16.4%
18-24	2,470	7.3%	9.0%	9.4%
25-44	7,694	22.6%	26.4%	26.6%
45-64	9,147	26.9%	25.1%	25.3%
65 and older	6,853	20.1%	16.5%	16.5%
Total	34,023	100.0%	100.0%	100.0%
Race and Ethnicity*				
White, non-Hispanic alone	32,347	95.1%	77.7%	58.9%
American Indian and Alaska Native				
alone	27	0.1%	0.9%	0.8%
Black or African American alone	110	0.3%	6.7%	12.5%
Asian or Pacific Islander alone	111	0.3%	5.0%	6.0%
Some other race alone	328	1.0%	2.3%	6.0%
Two or more races	890	2.6%	5.3%	8.8%
Hispanic Origin (of any race)	604	1.8%	5.7%	18.7%
Sex				
Female	16,680	49.0%	49.8%	50.4%
Male	17,343	51.0%	50.2%	49.6%
*Overlapping racial/ethnic categories mean that the	34,023	100.0%	100.0%	100.0%

<sup>\*</sup>Overlapping racial/ethnic categories mean that the percentages will not total to 100% of the population Source: U.S. Census Bureau, 2018-2022 American Community Survey (ACS) 5-year estimates.



The ACS estimates that there are 13,718 households in Morrison County with an average of 2.4 persons per household. Median household income is \$66,264, which is substantially lower than median household income in Minnesota and the United States (\$84,313 and \$75,149, respectively) (Table 3). About 80 percent of households in Morrison County are owner-occupied and median owner costs are \$1,464 per month including the mortgage. Median rent in Morrison County is \$779 per month. Both median owner costs and median rent are lower in Morrison County than Minnesota and the United States. About 1 in 4 households in Morrison County are occupied by householders living alone (28.6 percent) or have children in residence (27.6 percent) (Table 4). The percentage of households with residents aged 65 and older and householders aged 65 and older living alone are higher in Morrison County than in Minnesota overall as well as nationally.

Table 3: Household Demographics, Morrison County, Minnesota, and United States (2022)						
Item	Morrison County	Minnesota	United States			
Total households	13,718	2,256,126	125,736,353			
Owner-occupied housing rate	80.1%	72.3%	64.8%			
Average household size (persons per household)	2.4	2.5	2.6			
Median value of owned-occupied housing	\$220,600	\$286,800	\$281,900			
Median monthly owner costs (with mortgage)	\$1,464	\$1,818	\$1,828			
Median monthly owner costs (without mortgage)	\$518	\$639	\$584			
Median gross rent	\$779	\$1,178	\$1,268			
Median household income Source: U.S. Census Bureau, 2018-2022 American Commu	\$66,264 nity Survey (ACS) 5-year	\$84,313 estimates.	\$75,149			

Table 4: Household Characteristics, Morrison County, Minnesota, and United States (2022)						
Household Characteristics	Morrison County Households	Percent of Morrison County Households*	Percent of Minnesota Households*	Percent of United States Households*		
Households with children	0.705	07.00/	00.40/	00.00/		
aged 0-17	3,785	27.6%	29.4%	30.2%		
Households with adults aged						
65 and older	4,669	34.0%	29.0%	30.8%		
Householders living alone	3,926	28.6%	29.1%	28.3%		
Householders aged 65 and						
older living alone	1,868	13.6%	11.8%	11.5%		
*Overlapping household characteristics mean that the percentages of households will not total to 100% of the total number of						

Estimates from the ACS indicate that there are 16,605 adults in the workforce in Morrison County. The largest industries in the county by percentage of the workforce employed are educational services, health care and social assistance; manufacturing; and retail; which account for 24.0 percent, 14.4 percent, and 11.5 percent, respectively (Table 5). Other industries that employ substantial portions of the county's workforce include construction; professional, scientific, technical,

Source: U.S. Census Bureau, 2018-2022 American Community Survey (ACS) 5-year estimates.



administrative, and waste management services; arts, entertainment, recreation, and accommodation and food service; agriculture, forestry, fishing, hunting, and mining; and public administration.

Table 5 : Employment by Industry, Morrison County, MN (2022)				
Sector	Estimated Workers	Percent of Workforce		
Educational services, health care and social assistance	3,979	24.0%		
Manufacturing	2,392	14.4%		
Retail	1,909	11.5%		
Construction	1,367	8.2%		
Professional, scientific, technical, administrative, and				
waste management services	1,321	8.0%		
Arts, entertainment, recreation, and accommodation and				
food service	1,074	6.5%		
Agriculture, forestry, fishing, hunting and mining	1,022	6.2%		
Public administration	854	5.1%		
Other	2,708	16.3%		
Total workforce	16,605	100.0%		
Source: U.S. Census Bureau, 2018-2022 American Community Survey (ACS) 5-year estimates.				

The poverty rate in Morrison County is 10.3 percent, which is higher than the poverty rate in Minnesota overall (9.3 percent) but lower than the national rate (12.5 percent) (Table 6). About 1 in 10 (10.7 percent) children in Morrison County live below the poverty line compared to 10.9 percent statewide and 16.7 percent nationally. Nearly 1 in 3 (31.1 percent) school-aged children in Morrison County are eligible for free or reduced-price school lunch, which is roughly on par with Minnesota overall (31.5 percent) and lower than the national percentage (50.8 percent).

Table 6: Poverty Characteristics, Morrison County, Minnesota, and United States (2022)				
Poverty Characteristics	Morrison County Estimate	Morrison County Percent*	Minnesota Percent*	United States Percent*
All persons below poverty level	0.440	40.00/	0.00/	40.50/
(% of total population)	3,448	10.3%	9.3%	12.5%
All persons below 200% poverty level (%				
of total population)	9,385	28.1%	22.4%	28.8%
Children aged 0-17 below poverty level				
(% of children 0-17)	812	10.7%	10.9%	16.7%
Adults aged 65 and older below poverty				
level (% of adults 65 and older)	753	11.4%	7.9%	10.0%
Eligible recipients of free or reduced-				
price school lunch	1,669	31.1%	31.5%	50.8%

\*Differing populations and overlapping categories mean that percentages will not total to 100%.

Sources: U.S. Census Bureau, 2018-2022 American Community Survey (ACS) 5-year estimates; 2024 County Health Rankings & Roadmaps, a program of the University of Wisconsin Population Health Institute



Most residents in Morrison County aged 25 and older (53.3 percent) have at least some college experience; 17.4 percent have attained a bachelor's degree or higher. This is substantially lower than in Minnesota and nationally, where 38.2 percent and 34.3 percent of the population aged 25 and older have at least a bachelor's degree. Fewer than one in 10 residents ages 25 and older did not complete high school (7.6 percent), which is higher than in Minnesota (6.3 percent) but lower than the national average (10.9 percent) (Table 7).

Table 7: Educational Attainment for Persons Aged 25 and Older, Morrison County, Minnesota, and United States (2022)					
Level of Education Attained	Morrison County Estimate	Morrison County Percent of Population 25 and Older	Minnesota Percent of Population 25 and Older	United States Percent of Population 25 and Older	
Less than high school	1,802	7.6%	6.3%	10.9%	
High school diploma or GED	9,255	39.1%	23.7%	26.4%	
Some college or Associate's degree	8,498	35.9%	31.8%	28.5%	
Bachelor's degree	2,922	12.3%	24.9%	20.9%	
Graduate or professional degree	1,217	5.1%	13.3%	13.4%	
Total population aged 25 and older Source: U.S. Census Bureau, 2018-2022 American	23,694 Community Survey	100.0% (ACS) 5-year estimates	100.0%	100.0%	

### Community Health Factors and Outcomes

As of 2021, Morrison County had a higher prevalence of adult cigarette smokers than Minnesota and the nation; 20 percent of adult residents of Morrison County smoke cigarettes compared to 14 percent of Minnesotans and 15 percent of Americans overall (Table 8). The adult obesity rate in Morrison County (37 percent) is also higher than Minnesota (32 percent) and the nation overall (34 percent). Adults in Morrison County were more likely to report a lack of physical activity outside of work (24 percent) than Minnesota (20 percent) and the nation (23 percent). Although the percentage of adults who reportedly engage in excessive drinking is slightly lower in Morrison County (20 percent) than it is in Minnesota (21 percent), it is higher than the nationwide average (18 percent). The prevalence of Morrison County residents reporting poor mental health days in the past month is slightly higher than the statewide average (4.5 days in Morrison County compared to 4.3 days statewide) and slightly lower than the national rate (4.8 days).

Table 8: Health Behaviors, Morrison County, Minnesota, and the United States (2021)					
Health Behavior	Morrison County	Minnesota	United States		
Adult Smoking	20%	14%	15%		
Adult Obesity	37%	32%	34%		
Adult Excessive Drinking	20%	21%	18%		
Alcohol-Impaired Driving Deaths	33%	30%	26%		
Physical Inactivity <sup>1</sup>	24%	20%	23%		
Access to Exercise Opportunities <sup>2</sup>	46%	86%	84%		
Poor Mental Health Days <sup>3</sup>	4.5	4.3	4.8		

Source: 2024 County Health Rankings & Roadmaps, a program of the University of Wisconsin Population Health Institute.

<sup>&</sup>lt;sup>1</sup>Physical Inactivity refers to the percent of adults who report participating in no physical activity outside of work.

<sup>&</sup>lt;sup>2</sup>Access to Exercise Opportunities refers to the percent of adults who report living close to a park or recreation facility.

<sup>&</sup>lt;sup>3</sup>The average number of self-reported mentally unhealthy days in the past 30 days.



In 2021, the leading causes of death for residents under age 75 were malignant neoplasms, diseases of the heart, accidents, COVID-19, and chronic lower respiratory diseases (Table 9). Life expectancy in Morrison County is 78.6 years. This is lower than life expectancy in Minnesota (79.7 years) and roughly on par with the national average (77.6 years) (County Health Rankings & Roadmaps 2024).

Table 9: Leading Causes of Death in Morrison County, MN Residents Under Age 75 (2019-2021)					
Cause of Death	Deaths	Rate Per 100,000 Population Under 75			
Malignant Neoplasms	151	164.6			
Diseases of the heart	52	56.7			
Accidents	43	46.9			
COVID-19 32 34.9					
Chronic lower respiratory diseases 20 21.8					
Source: 2024 County Health Rankings & Roadmaps, a p	rogram of the Un	iversity of Wisconsin Population Health Institute.			

The rate of people under age 65 without health insurance in Morrison County is slightly higher than the statewide rate but lower than the national average. In Morrison County, 6 percent of people under the age of 65 did not have health insurance, compared with 5 percent of all Minnesotans and 10 percent nationally (Table 10). The flu vaccination rate in Morrison County is lower than statewide and national averages. The annual flu shot rate in Morrison County is 42 percent, which is 11 percentage points lower than Minnesota (53 percent) and four percentage points lower than the national average (46 percent). The Food Environment Index is a measure of food security and access to healthy foods with a ranking system ranging from 0 (worst) to 10 (best). Morrison County's Food Environment Index score was 8.3, which is lower than Minnesota's score of 9.1 but higher than the national score of 7.7 (Table 10).

Table 10: Other Health Factors, Morrison County, Minnesota, and United States					
Description of Factor	Morrison County	Minnesota	United States		
Uninsured Rate, 2021	6%	5%	10%		
Medicaid Coverage, 2022	23.0%	17.8%	20.4%		
Unemployment Rate, 2022	4.4%	2.7%	3.7%		
Low Birthweight Rate, 2016-2022	6%	7%	8%		
Annual Mammogram Rate, 2021 <sup>1</sup>	57%	52%	43%		
Annual Flu Shot Rate, 2021 <sup>2</sup>	42%	53%	46%		
Food Environment Index, 2019-2021 <sup>3</sup>	8.3	9.1	7.7		

Sources: US Census Bureau's Small Area Health Insurance Estimates (SAHIE) program, 2021; The Local Area Unemployment Statistics (LAUS) program of the Bureau of Labor Statistics, 2022; Map the Meal Gap, Feeding America, 2021; The Centers for Medicare & Medicaid Services Office of Minority Health's Mapping Medicare Disparities (MMD) Tool, 2021

The ratio of Morrison County residents to health care providers is higher than the ratio of residents to providers statewide and nationally. In Morrison County, there are 1,790 residents for every one primary care physician, compared to 1,130:1 in Minnesota and 1,330:1 nationwide. The ratio of residents to mental health care providers and dentists is also higher in Morrison County than Minnesota and the nation overall (Table 11).

<sup>&</sup>lt;sup>1</sup>Percentage of female Medicare enrollees who received an annual mammogram.

<sup>&</sup>lt;sup>2</sup>Percent of Medicare enrollees who received an annual flu shot.

<sup>&</sup>lt;sup>3</sup>The Food Environment Index is a measure of food environment that combines food insecurity rates with rates of access to healthy foods. It is scored on a scale from 0 (worst) to 10 (best).



Table 11: Number of Residents Per Health Care Provider in Morrison County, MN, and the United States					
Type of Provider	Morrison County	Minnesota	United States		
Primary Care Physicians, 2021	1,790:1	1,130:1	1,330:1		
Mental Health Care Providers, 2024	740:1	280:1	300:1		
Dentists, 2022	2,630:1	1,290:1	1,360:1		
Sources: Health Resources & Services Administration	, Area Health Resource File	s; CMS, National Provider Id	entification Registry.		

### National Risk Index

The Federal Emergency Management Agency (FEMA) administers the National Risk Index, a dataset and tool that estimates the risk level for natural disasters at the county level. A county's Risk Index is calculated using three metrics: Expected Annual Loss, Social Vulnerability, and Community Resilience. A community's exposure to and ability to cope with hazardous conditions can have a substantial impact on factors that inform community health outcomes, such as the strain on that community's health care system and its ability to make sure that residents have access to essential goods and services in times of crisis.

Overall, Morrison County's National Risk Index rating is Relatively Low. This indicates a fairly strong general preparedness for and ability to recover from natural and manmade hazards. Nearly two-thirds (65.5 percent) of Minnesota counties have a lower National Risk Index score than Morrison County and 49.3 percent of counties nationally have a lower score (Table 12).

Table 12: National Risk Index Percentiles for Morrison County, MN when compared to Minnesota Counties and U.S. Counties (2024)				
Index	Percentile within Minnesota	U.S. Percentile		
Expected Annual Loss	64.4	53.0		
Social Vulnerability	47.1	20.0		
Community Resilience	56.3	95.4		
National Risk Index	65.5	49.3		

Note: The Risk Index can be read as "65.6% of counties in Minnesota have a lower Risk Index than Morrison County; 49.3% of U.S. counties have a lower Risk Index than Morrison County."

Sources: FEMA, National Risk Index; CDC/ATSDR Social Vulnerability Index 2022; University of South Carolina's Hazards and Vulnerability Research Institute (HVRI)'s Baseline Resilience Indicators for Communities (HVRI BRIC).

### **Expected Annual Loss**

Expected Annual Loss scores are calculated by combining a community's exposure to natural hazards, annualized frequency of hazards, and the historic loss ratio for various natural hazards. Morrison County's overall Expected Annual Loss is rated as Relatively Low overall on a five-point scale: Very Low, Relatively Low, Relatively Moderate, Relatively High, and Very High (NRI 2024). However, the county faces relatively moderate to relatively high risk of strong wind, lightning, ice storm, winter weather, wildfire, and cold wave. Expected annual loss caused by strong wild, lightning, ice storm, winter weather, wildfire, cold wave, and riverline flooding is also relatively moderate or relatively high. Morrison County's expected annual loss is higher than 64.4 percent of Minnesota counties and 53.0 percent of counties nationally.

### **Social Vulnerability Index**

Social vulnerability is a concept related to a community's ability to prepare for and respond to hazardous events. A community's social vulnerability is gauged using the Social Vulnerability Index (SVI) (ATSDR) (CDC, 2024): an aggregated index of 16 socioeconomic factors categorized into four

themes: socioeconomic status, household characteristics, racial and ethnic minority status, and housing type/transportation. SVI is a nationally recognized measure of a location's social vulnerability, and therefore its ability to prepare for and respond to disasters. While the SVI technically is a measure of ability to respond to natural disasters and aid emergency planning, the index is an accepted tool to gauge overall community socioeconomic well-being. A higher SVI indicates a higher vulnerability to hazard.

Morrison County's Social Vulnerability is rated Very Low. Morrison County has higher social vulnerability than 47.1 percent of Minnesota counties but 20.0 percent of counties nationally. For a more thorough breakdown of Morrison County's Social Vulnerability see Appendix A.

### **Community Resilience**

A community's Community Resilience score is defined as its ability to prepare for, withstand, and recover from hazardous events (Cutter et al. 2014). Categories considered in the compilation of scores include Human Well-Being, Economy, Infrastructure, Governance, Community Capacity, and Environment. Morrison County's Community Resilience ranking is Very High. Morrison county has higher community resilience than 56.3 percent of Minnesota counties and 95.4 percent of counties nationally, indicating that the county is well-prepared to respond to hazardous events.

### Community Health Survey Analysis

The survey solicited feedback on respondents' perceptions of various issues and topics: quality of life, social connections, mental health, concerns in their home, harmful behaviors in the community, and demographic and household characteristics. Survey data were analyzed using widely accepted standard descriptive statistics, such as measures of mean, median, and frequencies. Priority needs were identified as those issues with the greatest level of consensus among survey respondents. Detailed survey findings can be found in Appendix D.

### **Demographics**

The CHI St. Gabriel's Health community was surveyed through a joint effort of Morrison, Todd, and Wadena counties. Various organizations collaborated to create and facilitate a survey similar to previous years (see Appendix C for the survey instrument). There were 2,146 respondents to the survey in 2024, with 37 percent from Morrison County, 31 percent from Todd County, and 20 percent from Wadena County. Thirteen percent of respondents said they were from a different county.

Sixty-six percent of respondents identified as female and 33 percent as male. Just over one-third of respondents (38 percent) were under 35 years, 15 percent were 65 years and older and 47 percent were ages 35 to 64. Eighty-six percent of respondents identified as white and 9 percent identified as American Indian or Alaska Native (respondents were allowed to select as many races as applicable). Twenty-three percent of respondents identified as Hispanic.

Three-fourths of respondents (75 percent) owned their own home, 10 percent rented an apartment, and 8 percent rented a home. Twenty-three percent of respondents reported an annual household income of \$50,000 to \$74,999, 42 percent reported \$75,000 or more, and 35 percent earn less than \$50,000 a year. One-third (34 percent) of respondents' highest level of education was a bachelor's degree, 26 percent had a trade or technical degree, 18 percent had a GED or high school diploma, and 12 percent had a master's degree.

Is your community a good place to raise children?

### **Findings**

Respondents were asked a series of questions about their community. Though most respondents (71 percent) agreed their community is a good place to raise children, 23 percent were neutral on this issue. Similarly, when asked if their community is a good place to grow old, 71 percent agreed and 22 percent were neutral. Seventy-five percent agreed their community is a safe place to live and 19 percent were neutral. When asked if there are good job opportunities in their community, 18 percent of respondents disagreed, 34 percent were neutral, and 48 percent were in agreement. Likewise, when asked if their community is a place to reach your future goals and dreams, 16 percent disagreed, 32 percent were neutral, and 52 percent agreed (Figure 1).

■ Disagree ■ Neutral ■ Agree 34.1% Are there good job opportunities in your community? 18.1% 47.8% Is your community a place to reach your future goals 16.2% 32.1% 51.7% and dreams? Are you satisfied with the health care system in your 22.2% 68.7% community? Is your community a good place to grow old? 6.9% 22.4% 70.7% Is your community a safe place to live? 19.0% 75.4%

Figure 1: Quality of Life, Community Health Needs Assessment, 2024

Respondent n: 2,146.

Most respondents (86 percent) knew how to access resource information in the community if they needed it (Appendix D). Respondents were asked to select the most harmful behaviors in their community from a list, and 54 percent chose drug use as one of the most harmful behaviors, followed by alcohol use (46 percent). Poor eating habits was selected by 30 percent of respondents and 26 percent selected unsafe driving (Figure 2).

23.4%

71.2%

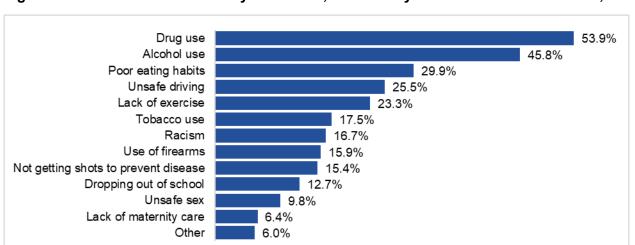
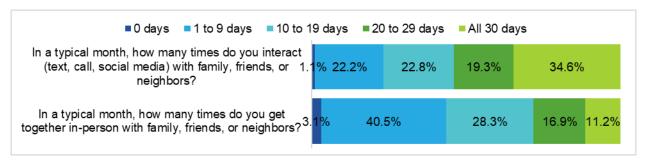


Figure 2: Most Harmful Community Behaviors, Community Health Needs Assessment, 2024

Respondent n: 2,146.

In a typical month, 35 percent of respondents said they interact digitally (text, phone call, social media) with family, friends, or neighbors every day. In contrast, 11 percent cited the same frequency for in-person interactions. Forty-four percent of respondents said they interact in person with family, friends, and neighbors fewer than 10 days of a typical month (Figure 3).

Figure 3: Social Connections, Community Health Needs Assessment, 2024



Respondent n: 2,146.

When asked about their levels of stress in the past month, nearly one in five (19 percent) respondents assessed their stress level as high, 51 percent said their stress level was medium, and 30 percent said their stress level was low. Nineteen percent of respondents said this stress prevented them from attending work, school, or social events (Appendix D).

Most respondents (79 percent) said they felt nervous, on edge, or worried for less than 10 days in the past month, 13 percent said 10 to 19 days, and 8 percent said 20 days or more. Likewise, 85 percent of respondents were sad, blue, or depressed for less than 10 days in the past month (Figure 4).

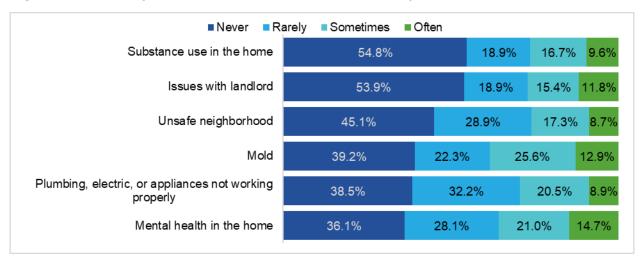
Figure 4: Depression and Anxiety, Community Health Needs Assessment, 2024



Respondent n: 2,146.

Respondents were asked about a series of concerns in their homes. While more than half (55 percent) of respondents were not worried at all about substance use in their homes, 64 percent expressed some level of concern with mental health in their home; 15 percent were often concerned about mental health in their home. Nearly two-thirds of respondents were concerned about mold (61 percent) and plumbing or electrical issues (61 percent) (Figure 5).

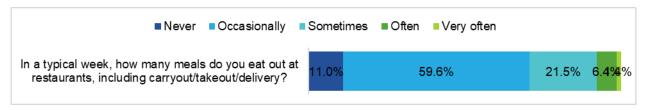
Figure 5: Frequency of Concerns in the Home, Community Health Needs Assessment, 2024



Respondent n: 1,216-1,965.

In a typical week, most respondents (60 percent) have take-out meals occasionally, 11 percent said they never have take-out meals, and 1 percent said they have take-out meals very often (Figure 6).

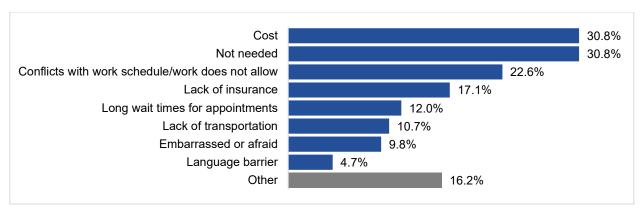
Figure 6: Frequency of Restaurant Meals, Community Health Needs Assessment, 2024



Respondent n: 2,146.

While most respondents (89 percent) said they currently have a primary care doctor, those who did not said it costs too much (31 percent) or it is not needed (31 percent). Twenty-three percent said that conflicts with their work schedule do not allow for a primary care provider (Figure 7).

Figure 7: Reasons for Not Having a Primary Care Provider, Community Health Needs Assessment, 2024



Respondent n: 233.

### Significant Community Health Needs

Based on analysis of survey data, community members ranked the following the most significant health needs in Morrison County:

- Substance misuse. When asked about the most harmful behaviors in their community, half of respondents (54 percent) cited drug use and nearly half (46 percent) cited alcohol use. In addition, nearly half of respondents (45 percent) acknowledged that substance misuse was a concern in their own home; 17 percent said it was 'sometimes' a concern, 10 percent said it was 'often' concern, and 19 percent said 'rarely'. The prevalence of adult excessive drinking in Morrison County (20 percent) is similar to Minnesota (21 percent) and the nation overall (18 percent).
- Obesity or overweightness. Thirty percent of respondents cited poor eating habits as one of the most harmful behaviors in their community. The adult obesity rate is higher in Morrison County (37 percent) than in Minnesota (32 percent) and the nation overall (34 percent). In addition, substantially fewer people in Morrison County (46 percent) have access to exercise opportunities than in Minnesota (86 percent) and the nation overall (84 percent). Even so, the food environmental index (a measure of food insecurity and access to healthy foods) in Morrison County is similar to the statewide index score.
- Affordability of health care services. Eleven percent of respondents indicated they do not have a primary care provider. Of those respondents who do not have a primary care provider, 31 percent cited cost as the reason for not having one, 31 percent said they did not need one, 23 indicated conflicts with work, and 17 percent cited a lack of insurance. While the uninsured rate in Morrison County (6 percent) is similar to Minnesota overall (5 percent), the unemployment rate (4.4 percent) is higher than Minnesota (2.7 percent) and the nation (3.7 percent). In addition, the median household income in Morrison County is substantially lower (\$66,264) than Minnesota (\$84,313) and the nation (\$75,149) and the poverty rate in Morrison County (10.3 percent) is slightly higher than Minnesota (9.3 percent). The poverty rate for adults age 65 and older in Morrison County (11.4 percent) is also higher than Minnesota (9.1 percent) and the nation (7.9 percent).
- Mental health (anxiety, stress, depression). Seventy percent of respondents rated their level of overall stress in the past month as either medium or high; 19 percent said it was high. Nineteen percent of respondents also indicated stress has prevented them from attending work, school, or social events. The prevalence of poor mental health days in the past month in Morrison County (4.5 days) is similar to Minnesota (4.3 days) and national (4.8 days) averages. However, 21 percent of respondents reported feeling nervous, on edge, or unable to stop worrying 10 or more days in the past month. Further, 15 percent of respondents reported feeling sad, blue, or depressed for 10 or more days in the past month. The ratio of residents per mental health care provider in Morrison County (740:1) is higher (worse) than in Minnesota (280:1) and the nation overall (300:1).
- **Social connections**. Nearly all respondents reported some level of social interaction with family, friends, and neighbors in a typical month. However, respondents interact more frequently using a digital format (text, call, or social media) than in person. Three-fourths of respondents (77 percent) reported interacting digitally at least 10 days per month; 35 percent said every day. In contrast, 56 percent of respondents reported interacting in person with

family, friends, and neighbors at least 10 days per month; 11 percent said every day. Social interactions are especially relevant for seniors. The percentage of households with adults aged 65 and older in Morrison County is higher (34 percent) than in Minnesota (29 percent) and the nation (31 percent). In addition, the percentage of householders aged 65 and older living alone in Morrison County (14 percent) is also higher than in Minnesota (12 percent) and the nation (12 percent).

Survey findings were presented at a community input meeting on January 7, 2025. During the meeting, attendees discussed the survey findings as presented, particularly pertaining to drugs, alcohol, and poor diet. Additionally, those present noted that the availability and cost of child care, transportation, access to healthy foods, and adverse childhood experiences were areas of concern.

### Resources Potentially Available to Address Needs

Resources, programs, and organizations potentially available to address the significant health needs were identified by key informants giving input to this process. While not exhaustive, this list — which includes dozens of potential resources — draws on the experiences and knowledge base of those directly serving the community.

- Adult Day Care
  - o Drop In center
  - St Otto's

### Assisted Living Facilities

- o Alverna Apt
- Diamond Willow
- o Highland Sr Living
- Harmony House
- Bridgeway
- Meadow Ponds
- Horizon
- Nouis Home
- Brotts Boarding
- Riverside Asst Living
- o Central MN Senior Care
- o Tonya's Group home
- o Amazing Love
- Divine House

### Blind Services

- Mayer Optical Shop
- o The Low Vision Store
- o Duluth Lighthouse for the Blind

### Clinics

- o Mayo Clinic
- o Centra Care Clinic
- o Gillette Children's
- o U of M

### Charity

- Salvation army
- Chapel Thrift/Labor of Love
- Helping Hands 365
- New 2 You

### Counseling

- Caritas
- Lutheran Social Services
- Horizon Health Faith in Action
- Kinship-youth mentoring
- Repose

### County Services

- MCSS
- MC eligibility team
- Health Care Team
- o MCSS long term care
- o MCPH
- Stearns County SS
- Northern Pines
- Solutions Behavioral Health Care
- o Family Support Services
- Northern Pines Mental Health ACT office
- Hennepin County SS
- Outpt Chemical Dependency treatment
- Crow Wing County

### Dentists who accept MA

- o AppleTree
- o CLC
- Northland Smiles
- Today's Dental

### Dentists

- Appletree
- Rose Country Dental
- Falls Court
- o First Ave Dental
- Oral and Max specialist
- o Dentistry for Children
- U of M Pediatric Dental Clinic
- Hennepin County Medical Center

### Detox

- Central MN Mental Health Center
- o Pine Manor Tx Center
- Gateway Recovery Center
- Elite Recovery

### DME Providers

- ActivStyle
- o Brainerd Medical Supply
- LinCare
- Open Air Mobility
- o NWR
- North Central Medical Supply-Brainerd
- SleepEasy
- Great Steps
- o Diabetic Shoe Source
- Corner Home Medical
- o Good Feet
- Reliable Medical
- Provida Care
- Care Medical
- Hanger
- NuMotion
- o Zynex Medical
- Specialty Home Meds
- o Apria
- o Freedom Medical

### • Equipment Loaners

- VFW
- Nouis Homes
- o LinCare

### Group Homes

o ALC Homes

### Fitness

o St Francis Health and Recreation

### Food Assistance

- o Ruby's Pantry
- Fare for All
- o Food shelf
- o WIC
- MOM's meals
- Swanville Senior Center MOW
- Pierz Sr Center
- o NAPS
- o Diner's club
- MOW-Senior Center

### Home Care Agencies

- o SCHC
- o UFHC
- o Divine HC
- o Horizon
- o Recover Health
- o Adara Home Care
- o Prairie River Home Care
- Comfort Keepers
- o A Daughter's Love
- o Centra Care community paramedics
- All Good Home Care

### Hospital

- St Cloud Hospital
- Essentia
- Lakewood Health

### Housing assistance

- o Catholic Charities
- Lutheran SS
- o HRA
- New Pathways

### Housing low income

- o Metro Plains
- o Granite City Real Estate
- o Pine Grove manor
- DW Jones management
- o Horizon
- o Falls Meadowridge
- o Willow Apt
- o Prairie Manor

### Housing

- o Kaijala Properties
- Sunburst apartments

### Insurance Navigators

- Northern Pines
- Tri County Comm Action

### Interpreter

- The Bridge
- Keystone

### Legal Assistance

- Mid MN legal Aid
- Volunteer Attorney Network

### Life Alert

- St Gabs
- Walmart

### Medication Assistance

o PPARx

### Nursing Homes

- o Pierz Villa
- o LFCC
- o St Otto's
- Golden Living Center
- Providence Place
- Wabasso Rehabilitation Center
- Fair Oaks NH
- Lakewood Health

### OB Assistance

- Maternal Health In home assess
- o Love in Logic
- o Free car seat

### Optometrists

o Little Falls Eye Care

### Pathology

- Northern Pathology
- Mayo Clinic Pathology Clinic

### PCA Services

- Advantage PCA
- Golden Heart PCA
- o Grattan PCA
- Horizon Health

### Pharmacies

- o TWD
- o Coborn's
- Walgreens
- Walmart
- o Canada Drug
- Walgreens Specialty

### Psych

- Reflections
- Northern Pines
- Northern Pines Behavioral Home
- NDMH



### Rehab Centers

- o Golden Valley Courage Center
- Recovering Hope

### • Respite

Priceless4 Purpose

### Rule 25 assessment

- o Marge Schuett
- Misty Virnig
- o Effective living center
- o NPMH
- o Nystrom's
- o Central MN mental health center
- Recovery plus

### Support Groups

- SCH Community Outreach
- o Grief Support
- Firefly Sisterhood
- o Circle of Parents
- o Grief Share
- o Family Voices of MN

### Transportation

- o Covid + transportation
- Mortrans

- o Care Ride
- o Little Falls Taxi
- Long Term Care team
- Eligibility Team
- Helping Hands
- o MN assessment for MA eligible clients
- Country Care Van
- Tricap
- LHS Care Van
- o Ride Connect
- Care Cab
- Handy Ride
- United Cerebral Palsy Foundation
- People's Express
- Lakes Medi Van
- o KeyPro

### Utilities

- o Center point energy
- MN Power

### • Veterans Administration

- o Care Coordination
- Morrison County Veteran service officer
- o Homeless Veteran



### Impact of Actions Taken Since Preceding CHNA

2023-2025 Community Health Implementation Strategy

Health Need: Obesity, Nutrition, and Diabetes

Health Need: Obesity, Nutrition, and Diabetes			
Strategy or Program	Summary Description		
Strategy 1.1	Implement the Total Health Roadmap at Family Medical Center (FMC) clinics to screen for nutrition security via Community Health Workers. Partner with Extension SNAP Educators to increase enrollment of SNAP eligible persons.		
	FY23 Key Initiative		
	Community Health Advocate completed MN CHW certification. CHW began screening patients for health- related social needs.		
	FY23 Measures		
	# of patients screened: 98 patients screened positive for HRSN in FY23		
	FY24 Key Initiative		
	Community health worker has continued to screen patients for social determinants of health. A food pantry has been started onsite at St. Gabriel's Hospital. CHW is serving as a local cook for our neighbors committee discussing meals to be prepared for students in the summer.		
	FY24 Measures		
	# of patients screened: 360 patients screened positive for HRSN in FY24		
	FY25: Pending Update		
Strategy 1.2	Support the expansion of a community wellness calendar in partnership with Little Falls Schools and University of Minnesota.		
	FY23 Key Initiative		
	No data available at time of reporting		
	FY23 Measures		
	There are no measures to report.		
	FY24 Key Initiative		
	Local community partner, University of Minnesota Extension created a wellness calendar for the community.		
	FY24 Measures		
	There are no measures to report.		
	FY25: Pending Update		
Strategy 1.3	Expand diabetes education.		
	FY23 Key Initiative		
	No data available at time of reporting		



	FY23 Measures
	There are no measures to report.
	FY24 Key Initiative
	Strategy will be reassessed in FY25.
	FY24 Measures
	There are no measures to report.
	FY25: Pending Update
Strategy 1.4	Expand fitness opportunities in the community through public and private partnerships.
	FY23 Key Activities
	No data available at time of reporting
	FY23 Measures
	There are no measures to report.
	FY24 Key Activities
	Local schools have created a low cost (8 dollars per person) opportunity to utilize school buildings for walking.
	FY24 Measures
	There are no measures to report.
	FY25: Pending Update
Planned Resources	Community Health Worker staff, grant funding
Planned Collaborators	Morrison County Public Health, Family Medical Center, Schools, University of Minnesota Extension Service



### Health Need: Adverse Childhood Experiences (ACEs)

Health Need: Adverse Childhood Experiences (ACEs)  Health Need: Adverse Childhood Experiences (ACEs)		
Strategy or Program	Summary Description	
Strategy 2.1	Integrate Adverse Childhood Experiences (ACEs) screening and referral in primary care at FMC clinics.	
	FY23 Key Activities.	
	No data available at time of reporting.	
	FY23 Measures	
	There are no measures to report.	
	FY24 Key Activities.	
	No data available at time of reporting. Strategy will be reassessed in FY25.	
	FY24 Measures	
	There are no measures to report.	
	FY25: Pending Update	
Strategy 2.2	Provide education to staff and providers regarding ACEs awareness.	
	FY23 Key Activities.	
	An ACE's presentation was made to ambulatory care and quality staff on 2/14/2023 with follow up discussion and exploration of identified training venues.	
	FY23 Measures	
	There are no measures to report.	
	FY24 Key Activities	
	ACE's and TIC education was provided to 6 different groups of nursing students from Rasmussen and CLC. Education was provided regarding ACE, PCE, & TIC for new employee orientation groups in November 2024.	
	FY24 Measures	
	There are no measures to report.	
	FY25: Pending Update	
Strategy 2.3	Provide community education on ACEs.	
	FY23 Key Activities	
	The local faith community of Little Falls received an ACE's presentation from St. Gabriel's hospital chaplain in September, 2022.	
	FY23 Measures	
	There are no measures to report.	



	FY24 Key Activities
	No data available at time of reporting.
	FY24 Measures
	There are no measures to report.
	FY25: Pending Update
Strategy 2.4	Support the train the trainer program through Morrison County Family Services.
	FY23 Key Activities
	No data available at time of reporting.
	FY23 Measures
	There are no measures to report.
	FY24 Key Activities
	No data available at time of reporting.
	FY24 Measures
	There are no measures to report.
	FY25: Pending Update
Strategy 2.5	Explore ACEs education in area schools.
	FY23 Key Activities
	No data available at time of reporting.
	FY23 Measures
	There are no measures to report.
	FY24 Key Activities
	No data available at time of reporting.
	FY24 Measures
	There are no measures to report.
	FY25: Pending Update
Planned Resources	Clinic staff, hospital staff, grant funding
Planned Collaborators	Family Medical Center, Morrison County Family Services, Schools, Faith Community Partners



### Health Need: Mental Health, including Suicide Prevention

Health Need: Mental Health, including Suicide Prevention			
Strategy or Program	Summary Description		
Strategy 3.1	Continue involvement/support for Morrison County Suicide Prevention Cohort.  FY23 Key Activities		
	No data available at time of reporting		
	FY23 Measures		
	There are no measures to report.		
	FY24 Key Activities		
	A table offering education and resources on suicide prevention was provided at the high school in May through the Morrison County Suicide Prevention Cohort with 400 students in attendance.		
	FY24 Measures		
	There are no measures to report.		
	FY25: Pending Update		
Strategy 3.2	Expand education and reach of the new 988 resource.  FY23 Key Activities		
	Information on the 988 resource was distributed to all hospital staff.		
	FY23 Measures		
	There are no measures to report.		
	FY24 Key Activities		
	No data available at time of reporting.		
	FY24 Measures		
	There are no measures to report.		
	FY25: Pending Update		
Strategy 3.3	<ul> <li>Continue lead support for Minnesota Prevention Alliance.</li> <li>FY23 Key Activities</li> </ul>		
	The Minnesota Prevention Alliance held a three-day conference in Brainerd, MN. The annual Minnesota Prevention Program sharing conference provides learning, networking and skill building opportunities to enhance alcohol, tobacco and other drug misuse prevention efforts. By sharing effective prevention strategies and programs, presenters and participants learned from one another in this exemplary, two-day learning community.		
	FY23 Measures		
	There are no measures to report.		
	FY24 Key Activities		



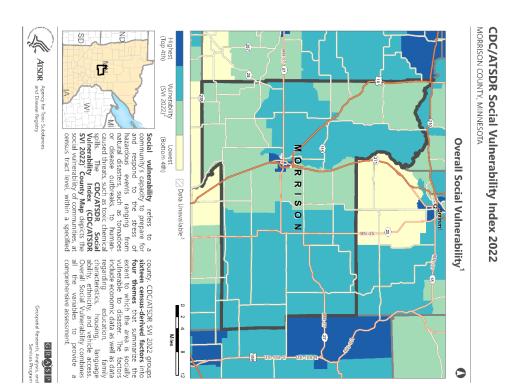
Planned Resources Planned Collaborators	Federal Drug Free Communities grant funding (years 6-10), provider recruitment staff, clinic and hospital staff, additional funding  Family Medical Center, Morrison County Public Health, Schools, High School Students
	FY25: Pending Update
	There are no measures to report.
	FY24 Measures
	Continue to receive referrals and ongoing treatments.
	FY24 Key Activities
	Continued referrals and successful treatments have been achieved.
	FY23 Measures
	A Ketamine infusion treatment was implemented in the ICU setting and was continued as a new service line.
Strategy 3.5	Start Ketamine infusion clinic  FY23 Key Activities
	FY25: Pending Update
	# of behavioral health providers hired: 2
	FY24 Measures
	The Family Medical Center added an additional 2 behavioral health advanced practice providers.
	FY24 Key Activities
	# of behavioral health providers hired: 3
	FY23 Measures
	The Family Medical Center added additional behavioral health advanced practice providers; 3 nurse practitioners were hired.
Strategy 3.4	Recruit additional mental and behavioral health providers.  FY23 Key Activities
	FY25: Pending Update
	There are no measures to report.
	FY24 Measures
	The Minnesota Prevention Alliance held a three-day conference in Brainerd, MN. The annual Minnesota Prevention Program sharing conference provides learning, networking and skill building opportunities to enhance alcohol, tobacco and other drug misuse prevention efforts. By sharing effective prevention strategies and programs, presenters and participants learned from one another in this exemplary, two-day learning community.

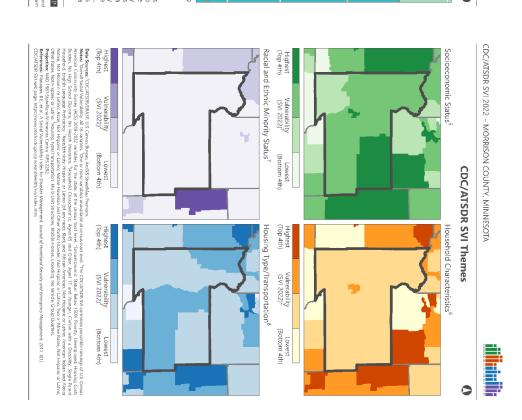
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### **Appendices**

## Appendix A: CDC/ASTDR Social Vulnerability Index 2022 for Morrison, Todd, and Wadena Counties, MN



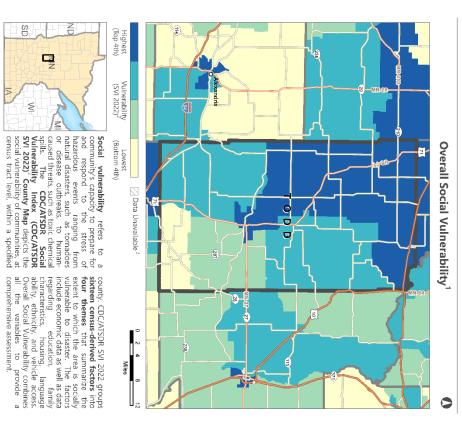


SD

ATSDR Agency for Toxic Substances and Disease Registry

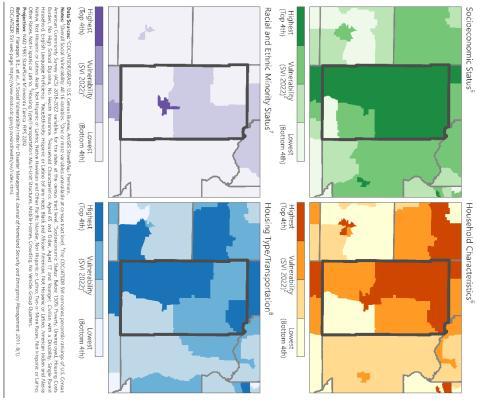
GRASP

# **CDC/ATSDR Social Vulnerability Index 2022** TODD COUNTY, MINNESOTA



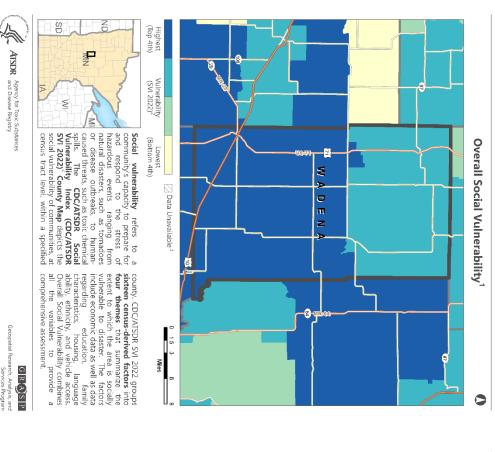
Highest (Top 4th) Racial and Ethnic Minority Status<sup>7</sup> Socioeconomic Status Vulnerability (SVI 2022)<sup>2</sup> Lowest (Bottom 4th) CDC/ATSDR SVI Themes Highest (Top 4th)

CDC/ATSDR SVI 2022 – TODD COUNTY, MINNESOTA



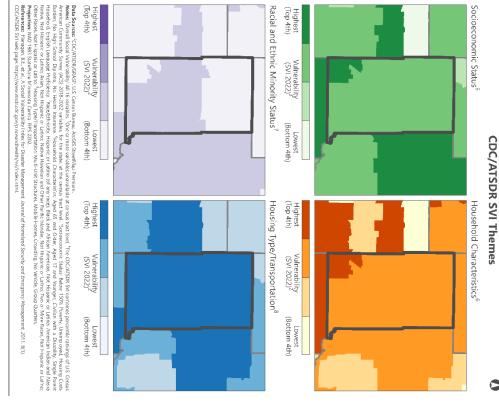
Page 33

# CDC/ATSDR Social Vulnerability Index 2022 WADENA COUNTY, MINNESOTA











### Appendix B: Secondary Data Tables for Todd and Wadena Counties, Minnesota

Table B1.1: Population Estimates, Todd County, Minnesota, and United States, by Age, Race/Ethnicity, and Sex (2022) **Todd County Todd County** Minnesota U.S. **Population Age Group Percentages Percentages Percentages** 0-4 5.7% 1.661 6.6% 6.0% 5-17 17.3% 17.0% 16.4% 4,365 18-24 1,699 6.7% 9.0% 9.4% 25-44 5,303 21.0% 26.4% 26.6% 45-64 6,669 26.4% 25.1% 25.3% 65 and older 5,580 22.1% 16.5% 16.5% Total 100.0% 100.0% 25.277 100.0% Race and Ethnicity\* White, non-Hispanic alone 22,179 87.7% 77.7% 58.9% American Indian and Alaska Native alone 66 0.3% 0.9% 0.8% Black or African American 114 0.5% 6.7% 12.5% alone Asian or Pacific Islander alone 176 0.7% 5.0% 6.0% Some other race alone 521 2.1% 2.3% 6.0% Two or more races 1,664 6.6% 5.3% 8.8% Hispanic Origin (of any race) 1,880 7.4% 5.7% 18.7% Sex Female 50.4% 12,177 48.2% 49.8% Male 13,100 51.8% 50.2% 49.6% 25,277 100.0% 100.0% Total 100.0%

\*Overlapping racial/ethnic categories mean that the percentages will not total to 100% of the population. Source: U.S. Census Bureau, 2018-2022 American Community Survey (ACS) 5-year estimates.

Table B2.1: Household Demographics, Todd County, Minnesota, and United States (2022)				
Item	<b>Todd County</b>	Minnesota	U.S.	
Total households	9,767	2,256,126	125,736,353	
Owner-occupied housing rate	83.5%	72.3%	64.8%	
Average household size (persons per household)	2.6	2.5	2.6	
Median value of owned-occupied housing	\$173,200	\$286,800	\$281,900	
Median monthly owner costs (with mortgage)	\$1,297	\$1,818	\$1,828	
Median monthly owner costs (without mortgage)	\$517	\$639	\$584	
Median gross rent	\$785	\$1,178	\$1,268	
Median household income	\$63,216	\$84,313	\$75,149	
Source: U.S. Census Bureau, 2018-2022 American Community Survey (ACS) 5-year estimates.				

Table B3.1: Household Characteristics	, Todd County	, Minnesota	, and United States	(2022)

Household Characteristics	Todd County Households	Percent of Todd County Households*	Percent of Minnesota Households*	Percent of United States Households*
Households with children 0-17	2,645	27.1%	29.4%	30.2%
Households with adults aged 65+	3,673	37.6%	29.0%	30.8%
Householders living alone	2,704	27.7%	29.1%	28.3%
Householders 65+ living alone	1,227	12.6%	11.8%	11.5%

<sup>\*</sup>Overlapping household characteristics mean that the percentages of households will not total to 100% of the total number of households. Source: U.S. Census Bureau, 2018-2022 American Community Survey (ACS) 5-year estimates.

Table B4.1: Employment by Industry, Todd County, MN (2022)				
Sector	Estimated Workers	Percent of Workforce		
Educational services, health care and social assistance	2,745	24.3%		
Manufacturing	2,411	21.3%		
Retail	1,162	10.3%		
Agriculture, forestry, fishing, hunting, and mining	968	8.6%		
Construction	822	7.3%		
Transportation, warehousing, and utilities	680	6.0%		
Other	2,511	22.2%		
Total workforce	11,299	100.0%		
Source: U.S. Census Bureau, 2018-2022 American Community Survey (ACS) 5-year estimates.				

Table B5.1: Poverty Characteristics, Tod	d County, Mir	nnesota, and l	Jnited States	(2022)
	Todd County	Todd County	Minnesota	Uni Sta

Poverty Characteristics	County Estimate	County Percent*	Minnesota Percent*	States Percent*
All persons below poverty level				
(% of total population)	2,988	12.0%	9.3%	12.5%
All persons below 200% poverty level				
(% of total population)	7,983	32.1%	22.4%	28.8%
Children aged 0-17 below poverty level				
(% of children 0-17)	1,138	19.3%	10.9%	16.7%
Adults aged 65 and older below poverty				
level (% of adults 65 and older)	491	9.1%	7.9%	10.0%
Eligible recipients of free or reduced-price				
school lunch	1.306	44.3%	31.5%	50.8%

<sup>\*</sup>Differing populations and overlapping categories mean that percentages will not total to 100%.

Sources: U.S. Census Bureau, 2018-2022 American Community Survey (ACS) 5-year estimates; 2024 County Health Rankings & Roadmaps, a program of the University of Wisconsin Population Health Institute



Table B6.1: Educational Attainment for Persons Aged 25 and Older, Todd County, Minnesota, and United States (2022) United **Todd County** States Minnesota Todd Percent of Percent of Percent of County **Population Population Population** Level of Education Attained **Estimate** 25 and Older 25 and Older 25 and Older Less than high school 1,926 11.0% 6.3% 10.9% High school diploma or GED 40.6% 23.7% 7,134 26.4% Some college or Associate's degree 5,888 33.5% 31.8% 28.5% Bachelor's degree 10.5% 1,838 24.9% 20.9% Graduate or professional degree 4.4% 766 13.3% 13.4% Total population aged 25 and older 17.552 100.0% 100.0% 100.0%

Source: U.S. Census Bureau, 2018-2022 American Community Survey (ACS) 5-year estimates.

Table B7.1: Health Behaviors, Todd County, Minnesota, and the United States (2021)				
Health Behavior	Todd County	Minnesota	United States	
Adult Smoking	21%	14%	15%	
Adult Obesity	40%	32%	34%	
Adult Excessive Drinking	18%	21%	18%	
Alcohol-Impaired Driving Deaths	23%	30%	26%	
Physical Inactivity <sup>1</sup>	26%	20%	23%	
Access to Exercise Opportunities <sup>2</sup>	47%	86%	84%	
Poor Mental Health Days <sup>3</sup>	4.8	4.3	4.8	

Source: 2024 County Health Rankings & Roadmaps, a program of the University of Wisconsin Population Health Institute.

<sup>&</sup>lt;sup>3</sup>The average number of self-reported mentally unhealthy days in the past 30 days.

Table B8.1: Leading Causes of Death in Todd County, MN Residents Under Age 75 (2019-2021)				
Cause of Death	Deaths	Rate Per 100,000 Population Under 75		
Malignant Neoplasms	84	124.7		
Accidents	32	47.5		
Diseases of the heart	28	41.6		
COVID-19	20	29.7		
Intentional self-harm¹	17	Unreliable		
Source: 2024 County Health Rankings & Ro	admaps a program of	the University of Wisconsin Population Health Institute		

Source: 2024 County Health Rankings & Roadmaps, a program of the University of Wisconsin Population Health Institute ¹Crude rates per 100,000 population under 75 are unreliable due to the small number of deaths.

Physical Inactivity refers to the percent of adults who report participating in no physical activity outside of work.

Access to Exercise Opportunities refers to the percent of adults who report living close to a park or recreation facility.



Table B9.1: Other Health Factors, Todd County, Minnesota, and United States				
Description of Factor	Todd County	Minnesota	United States	
Uninsured Rate, 2021	9%	5%	10%	
Medicaid Coverage, 2022	22.6%	17.8%	20.4%	
Unemployment Rate, 2022	3.2%	2.7%	3.7%	
Low Birthweight Rate, 2016-2022	5%	7%	8%	
Annual Mammogram Rate, 2021 <sup>1</sup>	50%	52%	43%	
Annual Flu Shot Rate, 2021 <sup>2</sup>	22%	53%	46%	
Food Environment Index, 2019-2021 <sup>3</sup>	8.0	9.1	7.7	

Sources: US Census Bureau's Small Area Health Insurance Estimates (SAHIE) program, 2021; The Local Area Unemployment Statistics (LAUS) program of the Bureau of Labor Statistics, 2022; Map the Meal Gap, Feeding America, 2021; The Centers for Medicare & Medicaid Services Office of Minority Health's Mapping Medicare Disparities (MMD) Tool, 2021

<sup>&</sup>lt;sup>3</sup>The Food Environment Index is a measure of food environment that combines food insecurity rates with rates of access to healthy foods. It is scored on a scale from 0 (worst) to 10 (best).

Table B10.1: Number of Residents Per Health Care Provider in Todd County, MN, and the United States					
Type of Provider	Todd County	Minnesota	United States		
Primary Care Physicians, 2021	1,200:1	1,130:1	1,330:1		
Mental Health Care Providers, 2024	3,670:1	280:1	300:1		
Dentists, 2022	2,130:1	1,290:1	1,360:1		
Sources: Health Resources & Services Administration	n, Area Health Resource F	iles; CMS, National Provider Ide	ntification Registry.		

Table B11.1: National Risk Index Percentiles for Todd County, MN when compared to Minnesota Counties and U.S. Counties (2024)				
Index	Percentile within Minnesota	U.S. Percentile		
Expected Annual Loss	29.9	27.1		
Social Vulnerability	88.5	55.6		
Community Resilience	31.0	87.2		
National Risk Index	32.2	27.3		

Note: The Risk Index can be read as "32.2% of counties in Minnesota have a lower Risk Index than Todd County; 27.3% of U.S. counties have a lower Risk Index than Todd County."

Sources: FEMA, National Risk Index; CDC/ATSDR Social Vulnerability Index 2022; University of South Carolina's Hazards and Vulnerability Research Institute (HVRI)'s Baseline Resilience Indicators for Communities (HVRI BRIC).

<sup>&</sup>lt;sup>1</sup>Percentage of female Medicare enrollees who received an annual mammogram.

<sup>&</sup>lt;sup>2</sup>Percent of Medicare enrollees who received an annual flu shot.

Table B1.2: Population Estimates, Wadena County, Minnesota, and United States, by Age, Race/Ethnicity, and Sex (2022) Wadena United Wadena County County States Minnesota **Percentages Age Group Population Percentages Percentages** 0-4 931 6.6% 6.0% 5.7% 5-17 2,777 19.7% 17.0% 16.4% 18-24 1,028 7.3% 9.0% 9.4% 25-44 3,055 21.6% 26.4% 26.6% 45-64 24.7% 25.1% 25.3% 3,481 65 and older 2,836 20.1% 16.5% 16.5% Total 14,108 100.0% 100.0% 100.0% Race and Ethnicity\* White, non-Hispanic alone 77.7% 12,928 91.6% 58.9% American Indian and Alaska Native alone 43 0.3% 0.9% 0.8% Black or African American 76 alone 0.5% 6.7% 12.5% Asian or Pacific Islander 71 0.5% 5.0% 6.0% alone Some other race alone 67 0.5% 2.3% 6.0% Two or more races 852 6.0% 5.3% 8.8% Hispanic Origin (of any race) 311 2.2% 5.7% 18.7% Sex **Female** 7,110 50.4% 49.8% 50.4%

\*Overlapping racial/ethnic categories mean that the percentages will not total to 100% of the population. Source: U.S. Census Bureau, 2018-2022 American Community Survey (ACS) 5-year estimates.

6.998

Table B2.2: Household Demographics, Wadena County, Minnesota, and United States (2022)					
Item	Wadena County	Minnesota	United States		
Total households	5,734	2,256,126	125,736,353		
Owner-occupied housing rate	72.3%	72.3%	64.8%		
Average household size (persons per household)  Median value of owned-occupied housing	2.4 \$163,400	2.5 \$286,800	2.6 \$281,900		
Median monthly owner costs (with mortgage)	\$1,248	\$1,818	\$1,828		
Median monthly owner costs (without mortgage)	\$482	\$639	\$584		
Median gross rent	\$694	\$1,178	\$1,268		
Median household income \$54,747 \$84,313 \$75,149 Source: U.S. Census Bureau, 2018-2022 American Community Survey (ACS) 5-year estimates.					
Courses. Co.S. Consus Bureau, 2010-2022 American Community Curvey (ACC) 5-year estimates.					

49.6%

50.2%

49.6%

Male



Table B3.2: Household Characteristics,	Wadena County	, Minnesota, and United States
(2022)		

Household Characteristics	Wadena County Households	Percent of Wadena County Households*	Percent of Minnesota Households*	Percent of United States Households*
Households with children 0-17	1,697	29.6%	29.4%	30.2%
Households with adults aged 65+	1,858	32.4%	29.0%	30.8%
Householders living alone	1,657	28.9%	29.1%	28.3%
Householders 65+ living alone	765	13.3%	11.8%	11.5%

<sup>\*</sup>Overlapping household characteristics mean that the percentages of households will not total to 100% of the total number of households.

Source: U.S. Census Bureau, 2018-2022 American Community Survey (ACS) 5-year estimates.

Table B4.2: Employment by Industry, Wadena County, Minnesota (2022)			
Sector	Estimated Workers	Percent of Workforce	
Educational services, health care and social assistance	1,621	26.0%	
Manufacturing	989	15.8%	
Retail	686	11.0%	
Construction	541	8.7%	
Agriculture, forestry, fishing, hunting, and mining	475	7.6%	
Transportation, warehousing, and utilities	341	5.5%	
Other	1,592	25.5%	
Total workforce 6,245 100.0%			
Source: U.S. Census Bureau, 2018-2022 American Community Survey (ACS) 5-year estimates.			

Table B5.2: Poverty Characteristics, Wadena County, Minnesota, and United States (2022)				
Poverty Characteristics	Wadena County Estimate	Wadena County Percent*	Minnesota Percent*	United States Percent*
All persons below poverty level				
(% of total population)	1,642	11.9%	9.3%	12.5%
All persons below 200% poverty level				
(% of total population)	4,652	33.8%	22.4%	28.8%
Children aged 0-17 below poverty level				
(% of children 0-17)	472	12.8%	10.9%	16.7%
Adults aged 65 and older below poverty level (% of adults 65 and				
older)	273	10.6%	7.9%	10.0%
Eligible recipients of free or reduced-				
price school lunch	1,337	41.7%	31.5%	50.8%

<sup>\*</sup>Differing populations and overlapping categories mean that percentages will not total to 100%.

Sources: U.S. Census Bureau, 2018-2022 American Community Survey (ACS) 5-year estimates; 2024 County Health Rankings & Roadmaps, a program of the University of Wisconsin Population Health Institute



Table B6.2: Educational Attainment for Persons Aged 25 and Older, Wadena County, Minnesota, and United States (2022) Wadena United County **States** Minnesota Percent of Wadena Percent of Percent of County **Population Population Population** Level of Education Attained **Estimate** 25 and Older 25 and Older 25 and Older Less than high school 705 7.5% 6.3% 10.9% High school diploma or GED 35.3% 23.7% 3,311 26.4% Some college or Associate's degree 3,635 38.8% 31.8% 28.5% Bachelor's degree 1,351 14.4% 24.9% 20.9% Graduate or professional degree 3.9% 370 13.3% 13.4% Total population aged 25 and older 100.0% 100.0%

100.0%

9.372

Source: U.S. Census Bureau, 2018-2022 American Community Survey (ACS) 5-year estimates.

Table B7.2: Health Behaviors, Wadena County, Minnesota, and the United States (2021)				
Health Behavior	Wadena County	Minnesota	United States	
Adult Smoking	21%	14%	15%	
Adult Obesity	41%	32%	34%	
Adult Excessive Drinking	17%	21%	18%	
Alcohol-Impaired Driving Deaths	27%	30%	26%	
Physical Inactivity <sup>1</sup>	26%	20%	23%	
Access to Exercise Opportunities <sup>2</sup>	33%	86%	84%	
Poor Mental Health Days <sup>3</sup>	4.8	4.3	4.8	

Source: 2024 County Health Rankings & Roadmaps, a program of the University of Wisconsin Population Health Institute.

Physical Inactivity refers to the percent of adults who report participating in no physical activity outside of work.

<sup>3</sup>The average number of self-reported mentally unhealthy days in the past 30 days

# Table B8.2: Leading Causes of Death in Wadena County, MN Residents Under Age 75 (2019-

2021)		
		Rate Per 100,000 Population
Cause of Death	Deaths	Under 75
Malignant Neoplasms	53	141.3
Diseases of the heart <sup>1</sup>	18	Unreliable
COVID-19 <sup>1</sup>	16	Unreliable
Chronic lower respiratory diseases <sup>1</sup>	15	Unreliable
Accidents <sup>1</sup>	15	Unreliable

Source: 2024 County Health Rankings & Roadmaps, a program of the University of Wisconsin Population Health Institute <sup>1</sup>Crude rates per 100,000 population under 75 are unreliable due to the small number of deaths.

<sup>&</sup>lt;sup>2</sup>Access to Exercise Opportunities refers to the percent of adults who report living close to a park or recreation facility.

43%

46%

7.7



Wadena County	Minnesota	United States			
6%	5%	10%			
35.5%	17.8%	20.4%			
4.1%	2.7%	3.7%			
7%	7%	8%			
	6% 35.5% 4.1%	6% 5% 35.5% 17.8% 4.1% 2.7%			

53%

22%

8.6

52%

53%

Table B9.2: Other Health Factors, Wadena County, Minnesota, and United States

Sources: US Census Bureau's Small Area Health Insurance Estimates (SAHIE) program, 2021; The Local Area Unemployment Statistics (LAUS) program of the Bureau of Labor Statistics, 2022; Map the Meal Gap, Feeding America, 2021; The Centers for Medicare & Medicaid Services Office of Minority Health's Mapping Medicare Disparities (MMD) Tool, 2021

Annual Mammogram Rate, 2021<sup>1</sup>

Food Environment Index, 2019-2021<sup>3</sup>

Annual Flu Shot Rate, 20212

## Table B10.2: Number of Residents Per Health Care Provider in Wadena County, MN, and the United States

Type of Provider	Wadena County	Minnesota	United States	
Primary Care Physicians, 2021	2,030:1	1,130:1	1,330:1	
Mental Health Care Providers, 2024	260:1	280:1	300:1	
Dentists, 2022	1,300:1	1,290:1	1,360:1	
Sources: Health Resources & Services Administration, Area Health Resource Files; CMS, National Provider Identification Registry.				

Table B11.2: National Risk Index Percentiles for Wadena County, MN when compared to
Minnesota Counties and U.S. Counties (2024)

Index	Percentile within Minnesota	U.S. Percentile
Expected Annual Loss	13.8	13.4
Social Vulnerability	96.6	78.0
Community Resilience	26.4	85.8
National Risk Index	18.4	16.2

Note: The Risk Index can be read as "18.4% of counties in Minnesota have a lower Risk Index than Wadena County; 16.2% of U.S. counties have a lower Risk Index than Wadena County."

Sources: FEMA, National Risk Index; CDC/ATSDR Social Vulnerability Index 2022; University of South Carolina's Hazards and Vulnerability Research Institute (HVRI)'s Baseline Resilience Indicators for Communities (HVRI BRIC).

<sup>&</sup>lt;sup>1</sup>Percentage of female Medicare enrollees who received an annual mammogram.

<sup>&</sup>lt;sup>2</sup>Percent of Medicare enrollees who received an annual flu shot.

<sup>&</sup>lt;sup>3</sup>The Food Environment Index is a measure of food environment that combines food insecurity rates with rates of access to healthy foods. It is scored on a scale from 0 (worst) to 10 (best).

#### Appendix C: Survey Instrument

Please note: the instrument below has been formatted to allow for mail completion and may look slightly different than presented online. The questions are the same.

### 2024 Community Health Needs Survey

This survey is for adults (age 18 and over) who currently live in Morrison, Todd, or Wadena Counties.

Completing this survey is completely voluntary. All answers to the questions are strictly confidential and no personal information will be linked to any of the responses.

Thank you for your input and helping us to improve the health of our communities!











Are you:*
C Male C Female C Other/Unspecified
Your age group:*
18-24 years 25-34 years 35-44 years 45-54 years 55-64 years 65-74 years
How many adults (including yourself) live in your household? *Number of adults 18 or older
(including yourself)
How many children live in your household? *Number of children under age 18
Are you Hispanic or Latino/Latina?*
C Yes No
Are you a veteran?*
C Yes No
Which of the following best describes you? *Mark ALL that apply
American Indian or Alaska Native Asian or Pacific Islander Black or African American White Other

What was your household's total income from all earners and all sources in 2023?*						
C Less than \$20,000 \$20,000-\$34,99	99 <sup>©</sup> \$35,000-\$49,999 <sup>©</sup>	\$50,000-\$74,999 <sup>©</sup>	\$75,000-			
\$99,999 <sup>©</sup> \$100,000-\$149,999 <sup>©</sup> \$150,	000 or more					

\$99,999 <sup>©</sup> \$100,000-\$149,999 <sup>©</sup> \$150,000 or more
Do you have access to reliable internet?*
C Yes No
How do you access the internet?*
C Home broadband/modem Cell phone data Public Wi-Fi School/Library Other
What is your current housing status?*
Own a home Renting an apartment Renting a home Living with a friend or family member Other
Which of the following Counties do you live in?*
<sup>C</sup> Morrison <sup>C</sup> Todd <sup>C</sup> Wadena <sup>C</sup> Other
What is the ZIP code of your current home address?*
Were you born in a different country, outside of the United States?*
C Yes No
What country were you born in?
Which of the following best describes your current relationship status?*
Married Living with a partner Separated Widowed Divorced Single
What is the highest level of education you have completed?*
Some high school GED or completed high school Trade/Technical degree Bachelor's degree Master's degree Doctorate  Do you currently have a primary care doctor?*

° Yes° No



What are the main reasons you do not have a primary care doctor? Mark ALL that apply
□ Cost□ Lack of transportation□ Language barrier□ Lack of insurance□ Long wait times for
appointments Conflicts with work schedule/work does not allow Not needed Embarrassed
or afraid Other
Quality of Life
Please rate your agreement with each statement about your community
Use the following scale: 1 = Strongly Disagree, 2 = Disagree, 3 = Neutral, 4 = Agree, 5 = Strongly Agree
<b>Are you satisfied with the health care system in your community?*</b> Use the following scale: 1 = Strongly Disagree, 2 = Disagree, 3 = Neutral, 4 = Agree, 5 = Strongly Agree
$^{\circ}$ $_{1}^{\circ}$ $_{2}^{\circ}$ $_{3}^{\circ}$ $_{4}^{\circ}$ $_{5}$
<b>Is your community a good place to raise children?*</b> Use the following scale: 1 = Strongly Disagree, 2 = Disagree, 3 = Neutral, 4 = Agree, 5 = Strongly Agree
$^{\circ}$ $_{1}^{\circ}$ $_{2}^{\circ}$ $_{3}^{\circ}$ $_{4}^{\circ}$ $_{5}$
<b>Is your community a good place to grow old?*</b> Use the following scale: 1 = Strongly Disagree, 2 = Disagree, 3 = Neutral, 4 = Agree, 5 = Strongly Agree
C 1 C 2 C 3 C 4 C 5
<b>Are there good job opportunities in your community?*</b> Use the following scale: 1 = Strongly Disagree, 2 = Disagree, 3 = Neutral, 4 = Agree, 5 = Strongly Agree
C 1 C 2 C 3 C 4 C 5
<b>Is your community a safe place to live?*</b> Use the following scale: 1 = Strongly Disagree, 2 = Disagree, 3 = Neutral, 4 = Agree, 5 = Strongly Agree
© 1° 2° 3° 4° 5
<b>Is your community a place to reach your future goals and dreams?*</b> Use the following scale: 1 = Strongly Disagree, 2 = Disagree, 3 = Neutral, 4 = Agree, 5 = Strongly Agree
C 1 C 2 C 3 C 4 C 5
In a typical month, how many times do you interact (text, call, social media) with family, friends, or neighbors*

\_\_ 0 days \_\_\_ 1-9 days \_\_\_ 10-19 days \_\_\_ 20-29 days \_\_\_ All 30 days



neighbors?*	ontn, now many tim	ies ao you get toget	ner in-person with t	amily, friends, or
0 days	1-9 days	10-19 days	20-29 days	All 30 days
How would yo	ou rate your overall	level of stress in the	e last month?*	
○ High ○ M	edium <sup>©</sup> Low			
Has this stres	s prevented you fro	om attending work, s	school, or social eve	ents?
C Yes No	)			
During the partners not stop worry		ut how many days ha	ave you felt nervous	s, on edge, or could
0 days	1-9 days	10-19 days	20-29 days	All 30 days
During the pas	st 30 days, for aboເ	ut how many days ha	ave you felt sad, blu	e, or depressed?
0 days	1-9 days	10-19 days	20-29 days	All 30 days
		o sleep outside, in a ot meant for sleeping		r, at a family member
C Yes No	)			
How often are	you concerned ab	out the following in	your home?	
Please rate each		om 1 to 4, where 1 = I	Never, 2 = Rarely, 3 :	= Sometimes, 4 = Often,
<b>Mold</b> *Please ra Often, NA = No		cale from 1 to 4, wher	e 1 = Never, 2 = Rar	ely, 3 = Sometimes, 4 =
0 10 20	3° 4° NA			
	ndlord*Please rate e = Often, NA = Not Ap		rom 1 to 4, where 1 =	= Never, 2 = Rarely, 3 =
0 10 20	3 <sup>C</sup> 4 <sup>C</sup> NA			
_	<b>oorhood*</b> Please rate 4 = Often, NA = Not <i>i</i>		e from 1 to 4, where 1	= Never, 2 = Rarely, 3
0 10 20	3 <sup>©</sup> 4 <sup>©</sup> NA			
		not working proper Sometimes, 4 = Ofte		tem on a scale from 1 to le
0 10 20	30 40 NA			



Rarely, 3 = Sometimes, 4 = Often, NA = Not Applicable
C 1 C 2 C 3 C 4 C NA
<b>Substance use in the home*</b> Please rate each item on a scale from 1 to 4, where 1 = Never, 2 = Rarely, 3 = Sometimes, 4 = Often, NA = Not Applicable
C 1 C 2 C 3 C 4 C NA
In the following list, what do you think are the three most "harmful behaviors" in my community?*Those behaviors which have the most negative impact on overall health
Alcohol use Dropping out of school Drug use Lack of exercise Lack of maternity care Poor eating habits Not getting shots to prevent disease Racism Tobacco use Unsafe driving Use of firearms Unsafe sex Other
In a typical week, how many meals do you eat out at restaurants, including carryout/takeout/delivery?*
Never Occasionally (1-2 meals) Sometimes (3-4 meals) Often (5-6 meals) Very Often (7 or more meals)
How many days a week do you eat dinner at the table together with your family?*
$^{\circ}$ $_{0}^{\circ}$ $_{1}^{\circ}$ $_{2}^{\circ}$ $_{3}^{\circ}$ $_{4}^{\circ}$ $_{5}^{\circ}$ $_{6}^{\circ}$ $_{7}$
Do you have any firearms present in the home?*
C Yes No
Are the firearms stored in a gun safe, lock box, or with a trigger/cable lock, and away from ammunition?
C Yes <sup>C</sup> No
Do you know how to access resource information in the community if you need it?*Such as, food shelves, mental health services, domestic violence supports, Supplemental Nutrition Assistance Program (SNAP), housing services, etc.
C Yes <sup>C</sup> No
Have you experienced discrimination in the past 12 months?*
C Yes No

Mental health in the home\*Please rate each item on a scale from 1 to 4, where 1 = Never, 2 =

in what area(s) have you been discriminated against?" Select all that apply
Ethnicity Disability Equal pay/compensation Genetic information Harassment National origin Pregnancy Race/Color Religion Retaliation Sexual harassment Sexual orientation and gender identity Sex Age Weight Other
If you experienced discrimination in the past 12 months, in which of the following situations?*Select all that apply
Applying for a job Working at a job Receiving medical care Looking for a house or
apartment Applying for a credit card, bank loan or mortgage Accessing education for yourself
or your child Shopping at a store or eating at a restaurant Applying for social services or public
assistance Dealing with the police Appearing in court Other
Would you like to enter our raffle for a chance to win a \$100 VISA gift card?*
<sup>C</sup> Yes <sup>C</sup> No
Full Name
Phone Number
Mailing Address

Thank you for completing this survey!



Appendix D: Survey Frequencies

Are you:					
		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Male	717	33.4%	33.4%	33.4%
	Female	1414	65.9%	65.9%	99.3%
	Other/unspecified	15	0.7%	0.7%	100.0%
	Total	2146	100.0%	100.0%	

	Your age group							
		Frequency	Percent	Valid Percent	Cumulative Percent			
Valid	18 to 24 years	132	6.2%	6.2%	6.2%			
	25 to 34 years	679	31.6%	31.6%	37.8%			
	35 to 44 years	491	22.9%	22.9%	60.7%			
	45 to 54 years	301	14.0%	14.0%	74.7%			
	55 to 64 years	220	10.3%	10.3%	84.9%			
	65 to 74 years	208	9.7%	9.7%	94.6%			
	75 years and older	115	5.4%	5.4%	100.0%			
	Total	2146	100.0%	100.0%				

	How many people live in your household?						
		Adults	Children				
Valid	1 person	13.3%	50.7%				
	2 to 4 people	80.4%	47.3%				
	5 or more people	6.3%	1.9%				
	Total	100.0%	100.0%				

	Are you Hispanic or Latino/Latina?						
		Frequency	Percent	Valid Percent	Cumulative Percent		
Valid	Yes	495	23.1%	23.1%	23.1%		
	No	1651	76.9%	76.9%	100.0%		
	Total	2146	100.0%	100.0%			



Multiple Response								
	Cases							
	Valid Missing			ssing Total		al		
	N	Percent	N	Percent	N	Percent		
racea	2146	100.0%	0	0.0%	2146	100.0%		
a. Dichotomy group tabulated	a. Dichotomy group tabulated at value 1.							

		Responses		Percent of Cases
		N	Percent	
racea	What is your race? White	1834	83.0%	85.5%
	What is your race? American Indian or Alaska Native	192	8.7%	8.9%
	What is your race? Asian or Pacific Islander	49	2.2%	2.3%
	What is your race? Black or African American	59	2.7%	2.7%
	What is your race? Other	75	3.4%	3.5%
Total		2209	100.0%	102.9%
a. Dichoton	ny group tabulated at value 1.	·		

Are you a veteran?							
		Frequency	Percent	Valid Percent	Cumulative Percent		
Valid	Yes	281	13.1%	13.1%	13.1%		
	No	1865	86.9%	86.9%	100.0%		
	Total	2146	100.0%	100.0%			

	What was your household's total income from all earners and all sources in 2023?						
		Frequency	Percent	Valid Percent	Cumulative Percent		
Valid	Less than \$20,000	188	8.8%	8.8%	8.8%		
	\$20,000 to \$34,999	237	11.0%	11.0%	19.8%		
	\$35,000 to \$49,999	331	15.4%	15.4%	35.2%		
	\$50,000 to \$74,999	490	22.8%	22.8%	58.1%		
	\$75,000 to \$99,999	428	19.9%	19.9%	78.0%		
	\$100,000 to \$149,999	324	15.1%	15.1%	93.1%		
	\$150,000 and over	148	6.9%	6.9%	100.0%		
	Total	2146	100.0%	100.0%			



Do you have access to reliable internet?						
		Frequency	Percent	Valid Percent	Cumulative Percent	
Valid	Yes	1995	93.0%	93.0%	93.0%	
	No	151	7.0%	7.0%	100.0%	
	Total	2146	100.0%	100.0%		

	How do you access the internet?						
		Frequency	Percent	Valid Percent	Cumulative Percent		
Valid	Cell phone data	382	17.8%	19.1%	19.1%		
	Home broadband/modem	1464	68.2%	73.4%	92.5%		
	Public wifi	89	4.1%	4.5%	97.0%		
	School or library	20	0.9%	1.0%	98.0%		
	Other	40	1.9%	2.0%	100.0%		
	Total	1995	93.0%	100.0%			
Missing	System	151	7.0%				
Total		2146	100.0%				

	What is your current housing status?							
		Frequency	Percent	Valid Percent	Cumulative Percent			
Valid	Own a home	1600	74.6%	74.6%	74.6%			
	Renting an apartment	223	10.4%	10.4%	84.9%			
	Renting a home	161	7.5%	7.5%	92.5%			
	Living with a friend or family member	135	6.3%	6.3%	98.7%			
	Other	27	1.3%	1.3%	100.0%			
	Total	2146	100.0%	100.0%				



	What is your current housing status?							
		Frequency	Percent	Valid Percent	Cumulative Percent			
Valid	Own a home	1600	74.6%	74.6%	74.6%			
	Renting an apartment	223	10.4%	10.4%	84.9%			
	Renting a home	161	7.5%	7.5%	92.5%			
	Living with a friend or family member	135	6.3%	6.3%	98.7%			
	Other	27	1.3%	1.3%	100.0%			
	Total	2146	100.0%	100.0%				

	Which county do you live in?							
		Frequency	Percent	Valid Percent	Cumulative Percent			
Valid	Morrison	790	36.8%	36.8%	36.8%			
	Todd	655	30.5%	30.5%	67.3%			
	Wadena	430	20.0%	20.0%	87.4%			
	Other	271	12.6%	12.6%	100.0%			
	Total	2146	100.0%	100.0%				

	Were you born in a different country, outside of the US?								
Frequency Percent Valid Percent Cumulative Perce									
Valid	Yes	126	5.9%	5.9%	5.9%				
	No	2020	94.1%	94.1%	100.0%				
	Total	2146	100.0%	100.0%					

	Which of the following describes your current relationship status?								
		Frequency	Percent	Valid Percent	Cumulative Percent				
Valid	Married	1431	66.7%	66.7%	66.7%				
	Living with partner	218	10.2%	10.2%	76.8%				
	Divorced	117	5.5%	5.5%	82.3%				
	Separated	34	1.6%	1.6%	83.9%				
	Single	257	12.0%	12.0%	95.9%				
	Widowed	89	4.1%	4.1%	100.0%				
	Total	2146	100.0%	100.0%					



	What is the highest level of education you have completed?									
		Frequency	Percent	Valid Percent	Cumulative Percent					
Valid	Some high school	120	5.6%	5.6%	5.6%					
	GED or graduated high school	386	18.0%	18.0%	23.6%					
	Trade/Technical degree	551	25.7%	25.7%	49.3%					
	Bachelor's degree	729	34.0%	34.0%	83.2%					
	Master's degree	264	12.3%	12.3%	95.5%					
	Doctorate	96	4.5%	4.5%	100.0%					
	Total	2146	100.0%	100.0%						

Do you currently have a primary care doctor?								
Frequency Percent Valid Percent Cumulative Perce								
Valid	Yes	1912	89.1%	89.1%	89.1%			
	No	234	10.9%	10.9%	100.0%			
	Total	2146	100.0%	100.0%				

What ar	What are the main reasons you do not have a primary care doctor?							
		Respo	onses					
		N	Percent					
Cost		72	30.8%					
Not needed		72	30.8%					
Conflicts with work schedu	ıle/work does not allow	53	22.6%					
Lack of insurance		40	17.1%					
Long wait times for appoir	tments	28	12.0%					
Lack of transportation		25	10.7%					
Embarrassed or afraid		23	9.8%					
Language barrier		11	4.7%					
Other		38	16.2%					



#### **QUALITY OF LIFE**

		Disagree	Neutral	Agree	Total
Are year estisfied with the health save evetors in years community?	Count	195	476	1475	2146
Are you satisfied with the health care system in your community?	Row N %	9.1%	22.2%	68.7%	100.0%
le vour community a good place to raise children?	Count	117	502	1527	2146
Is your community a good place to raise children?	Row N %	5.5%	23.4%	71.2%	100.0%
le verin community a good whose to grow ald?	Count	149	480	1517	2146
Is your community a good place to grow old?	Row N %	6.9%	22.4%	70.7%	100.0%
Are there good ich appartunities in your community?	Count	389	732	1025	2146
Are there good job opportunities in your community?	Row N %	18.1%	34.1%	47.8%	100.0%
la varia community a cofe place to live?	Count	120	408	1618	2146
Is your community a safe place to live?	Row N %	5.6%	19.0%	75.4%	100.0%
le verin community a place to people verin fitting goals and discuss?	Count	348	688	1110	2146
Is your community a place to reach your future goals and dreams?	Row N %	16.2%	32.1%	51.7%	100.0%

		0 days	1 to 9 days	10 to 19 days	20 to 29 days	All 30 days	Total
In a typical month, how many times do you interact (text, call, social media) with family, friends, or	Count	23	477	490	414	742	2146
neighbors?	Row N %	1.1%	22.2%	22.8%	19.3%	34.6%	100.0%
In a typical month, how many times do you get together	Count	67	869	607	362	241	2146
in-person with family, friends, or neighbors?	Row N %	3.1%	40.5%	28.3%	16.9%	11.2%	100.0%

	How would you rate your overall level of stress in the last month?							
Frequency Percent Valid Percent Cumulative Percent								
Valid	Low	641	29.9%	29.9%	29.9%			
	Medium	1092	50.9%	50.9%	80.8%			
	High	413	19.2%	19.2%	100.0%			
	Total	2146	100.0%	100.0%				



Has this stress prevented you from attending work, school, or social events?								
Frequency Percent Valid Percent Cumulative Perc								
Valid	Yes	403	18.8%	18.9%	18.9%			
	No	1732	80.7%	81.1%	100.0%			
	Total	2135	99.5%	100.0%				
Missing	System	11	0.5%					
Total		2146	100.0%					

		0 days	1 to 9 days	10 to 19 days	20 to 29 days	All 30 days	Total
During the past 30 days, for about how many days have you felt	Count	613	1070	278	101	62	2124
nervous, on edge, or could not stop worrying?	Row N %	28.9%	50.4%	13.1%	4.8%	2.9%	100.0%
During the past 30 days, for about how many days have you felt	Count	820	971	205	70	46	2112
sad, blue, or depressed?	Row N %	38.8%	46.0%	9.7%	3.3%	2.2%	100.0%

In the last m	In the last month, have you had to sleep outside, in a shelter, in your car, at a family member or friend's house, or in a place not meant for sleeping?							
		Frequency	Percent	Valid Percent	Cumulative Percent			
Valid	Yes	255	11.9%	11.9%	11.9%			
	No	1891	88.1%	88.1%	100.0%			
	Total	2146	100.0%	100.0%				

		Never	Rarely	Sometimes	Often	Total
Mold	Count	757	432	495	249	1933
	Row N %	39.2%	22.3%	25.6%	12.9%	100.0%
Issues with landlord	Count	656	230	187	143	1216
	Row N %	53.9%	18.9%	15.4%	11.8%	100.0%
Unsafe neighborhood	Count	866	555	333	168	1922
	Row N %	45.1%	28.9%	17.3%	8.7%	100.0%
Plumbing, electric, or appliances	Count	761	636	405	175	1977
not working properly	Row N %	38.5%	32.2%	20.5%	8.9%	100.0%
Mental health in the home	Count	710	553	413	289	1965
	Row N %	36.1%	28.1%	21.0%	14.7%	100.0%
Substance use in the home	Count	1040	358	317	183	1898
	Row N %	54.8%	18.9%	16.7%	9.6%	100.0%



What do you think are the three most "harmful behaviors" in my community?				
	Respo	onses		
	N	Percent		
Drug use	1157	53.9%		
Alcohol use	983	45.8%		
Poor eating habits	641	29.9%		
Unsafe driving	548	25.5%		
Lack of exercise	501	23.3%		
Tobacco use	376	17.5%		
Racism	358	16.7%		
Use of firearms	342	15.9%		
Not getting shots to prevent disease	331	15.4%		
Dropping out of school	273	12.7%		
Unsafe sex	211	9.8%		
Lack of maternity care	138	6.4%		
Other	129	6.0%		

	In a typical week, how many meals do you eat out at restaurants, including carryout/takeout/delivery?							
	Frequency Percent Valid Percent Cumulative Percent							
Valid	Never	237	11.0%	11.0%	11.0%			
	Occasionally	1280	59.6%	59.6%	70.7%			
	Sometimes	461	21.5%	21.5%	92.2%			
	Often	138	6.4%	6.4%	98.6%			
	Very often	30	1.4%	1.4%	100.0%			
	Total	2146	100.0%	100.0%				

Do you have any firearms present in the home?							
Frequency Percent Valid Percent Cumulative Percent							
Valid	Yes	1123	52.3%	52.3%	52.3%		
	No	1023	47.7%	47.7%	100.0%		
	Total	2146	100.0%	100.0%			



Are the firearms stored in a gun safe, lock box, or with a trigger/cable lock, and away from ammunition?								
	Frequency Percent Valid Percent Cumulative Percer							
Valid	Yes	975	45.4%	88.2%	88.2%			
	No	131	6.1%	11.8%	100.0%			
	Total	1106	51.5%	100.0%				
Missing	System	1040	48.5%					
Total		2146	100.0%					

Do you know how to access resource information in the community if you need it?						
Frequency Percent Valid Percent Cumulative Perc						
Valid	Yes	1855	86.4%	86.4%	86.4%	
	No	291	13.6%	13.6%	100.0%	
	Total	2146	100.0%	100.0%		

Have you experienced discrimination in the past 12 months?						
Frequency Percent Valid Percent Cumulative Percent						
Valid	Yes	244	11.4%	11.4%	11.4%	
	No	1902	88.6%	88.6%	100.0%	
	Total	2146	100.0%	100.0%		

Multiple Response								
	Case Summary							
	Cases							
	Valid Missing Total			tal				
	N	Percent	N	Percent	N	Percent		
Discrimination areas	244	11.4%	1902	88.6%	2146	100.0%		
a. Dichotomy group tabulated at value 1.								



In what area	(s) have you been discriminated against?	Respo	Responses	
		N	Percent	cases
Responses	Ethnicity	66	11.9%	27.0%
	Disability	54	9.8%	22.1%
	Equal pay/compensation	53	9.6%	21.7%
	Race/Color	50	9.0%	20.5%
	Harassment	49	8.9%	20.1%
	Weight	47	8.5%	19.3%
	Age	46	8.3%	18.9%
	Sexual harassment	32	5.8%	13.1%
	Sex	30	5.4%	12.3%
	Religion	29	5.2%	11.9%
	Genetic information	21	3.8%	8.6%
	Sexual orientation and gender identity	20	3.6%	8.2%
	National origin	18	3.3%	7.4%
	Retaliation	13	2.4%	5.3%
	Pregnancy	10	1.8%	4.1%
	Other	15	2.7%	6.1%
	Total	553	100.0	226.6%

If you experi	enced discrimination in the past 12 months, in which of the following situations?	Respo	onses	Percent of cases
		N	Percent	
Responses	Working at a job	80	17.5%	32.8%
	Shopping at a store or eating at a restaurant	69	15.1%	28.3%
	Receiving medical care	47	10.3%	19.3%
	Applying for social services or public assistance	41	9.0%	16.8%
	Applying for a job	39	8.5%	16.0%
	Looking for a house or apartment	39	8.5%	16.0%
	Applying for a credit card bank loan or mortgage	35	7.7%	14.3%
	Accessing education for yourself or your child	30	6.6%	12.3%
	Dealing with the police	24	5.3%	9.8%
	Appearing in court	6	1.3%	2.5%
	Other	47	10.3%	19.3%
	Total	457	100.0%	187.3%