

# Respiratory Virus Vaccines – Fall 2025

WHO?	FLU	RSV	COVID-19
<b>INFANTS &amp; CHILDREN</b>	<b>All children 6 months and older</b>  AAP, CDC	<b>All infants &lt;8 months old and children 8-19 months with risk factors</b>  AAP, CDC	<b>All children 6-23 months</b> <b>Children 2-17 years old with risk factors or if parents desire vaccinations</b>  AAP
<b>PREGNANCY</b>	<b>All</b> At any point in pregnancy  ACOG, CDC	<b>32-36 weeks gestation</b>  ACOG, CDC	<b>All</b> At any point in pregnancy  ACOG
<b>ADULTS 18-49</b>	<b>All</b>  CDC	None. But if pregnant, see above.	<b>All</b> Especially important for people with risk factors or who have never received a vaccine  AAFP
<b>ADULTS 50+</b>	<b>All</b> High-dose, recombinant or adjuvanted flu vaccine preferred for 65+, if available  CDC	<b>All 75+ and adults 50-74 with risk factors</b> As of now, one lifetime dose of RSV vaccine  CDC	<b>All</b> Especially important for 65+, people with risk factors or who have never received a vaccine  AAFP
<b>HOW WELL DO THEY WORK?</b>	Reduces the risk of going to the doctor by 30-60%	Reduces risk of severe disease by 80-96%	30-60% additional protection against illness and severe disease
<b>WHAT IS AVAILABLE?</b>	A vaccine that targets 3 strains of seasonal flu; both a nasal spray and injectable shot are available this year	<b>Children:</b> Monoclonal antibodies nirsevimab or clesrovimab <b>Pregnancy:</b> Pfizer (protein) vaccine <b>Older Adults:</b> GSK and Pfizer (protein) or Moderna (mRNA) vaccine	Overall access may be limited. Vaccines are updated with Omicron sub-variants JN.1 or LP.8.1. Options: Pfizer (mRNA; 5 years+) Moderna (mRNA; 6 months+), Novavax (protein; 12 years+)
<b>WHEN SHOULD I GET IT?</b>	October is ideal, as vaccine protection wanes over a season	<b>Infants:</b> Oct - March <b>Pregnancy:</b> Sept - Jan <b>Older Adults:</b> Now as protection is durable	For protection against severe disease, get it now. Recently infected? Wait at least 6 months.