

North Dakota
The Emergency Food Assistance Program
Effective 2/10/2026
Income Guidelines at 200% of poverty

Persons in Family or Household Size	Annual	Monthly	Twice-Monthly	Weekly
1	\$31,920	\$2,660	\$1,330	\$614
2	\$43,280	\$3,607	\$1,803	\$832
3	\$54,640	\$4,553	\$2,277	\$1,051
4	\$66,000	\$5,500	\$2,750	\$1,269
5	\$77,360	\$6,447	\$3,223	\$1,488
6	\$88,720	\$7,393	\$3,697	\$1,706
7	\$100,080	\$8,340	\$4,170	\$1,925
8	\$111,440	\$9,287	\$4,643	\$2,143
Each Add'l Member Add	\$11,360	\$946.67	\$473	\$218