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To: <u>NDSU-THRIVE@listserv.nodak.edu</u>

Subject: Thrive@NDSU: Building your Bison Community

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Good Morning! This is the first of a series of messages you'll receive about how to **Thrive@NDSU** during your first year. These messages continue your orientation to NDSU, and are meant to provide you with what you need to know and when you need to know it. I had a great time meeting many of you throughout the weekend and hope to connect with others throughout the coming weeks.

It's time to follow your interests and find your people. First, think of all the stereotypes of the college experience. You know, everything that is highlighted on tv and in movies. Next, I want you to throw all of those images out of your mind. One of the best and most exciting parts of college life is that YOU get to decide what college looks like, who you spend your time with, and how you'll contribute to this campus.

<u>Welcome Week</u> will keep you busy and help you meet a ton of people, but it's not the only way to get connected to campus. You can find clubs and activities that meet your interests, using <u>MyNDSU</u>. <u>Campus jobs</u> are another great way to meet friends and mentors, while also making a little cash. Faculty and staff also want to connect with you. Introduce yourself and get to know them-everyone is here to help you thrive as a new student at NDSU.

Good luck as you begin classes and reach out at any time with questions or concerns! Emily

Emily Frazier, EdD

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We collectively acknowledge that we gather at NDSU, a land grant institution, on the traditional lands of the Oceti Sakowin (Dakota, Lakota, Nakoda) and Anishinaabe Peoples in addition to many diverse Indigenous Peoples still connected to these lands. We honor with gratitude Mother Earth and the Indigenous Peoples who have walked with her throughout generations. We will continue to learn how to live in unity with Mother Earth and build strong, mutually beneficial, trusting relationships with Indigenous Peoples of our region.

