

Max Pagel

Currently live: Winthrop, MN

Hometown: Winthrop, MN

Year graduated from NDSU: 2014

Current job title: Athletic Trainer at New Ulm Medical Center; Courage Kenny Rehabilitation

Most important thing you learned while attending the MS in Advanced AT Program at NDSU:

Always being skeptical and finding the best evidence to provide optimal care for patients of all ages. Don't do something just to do it, have reason/logic paired with facts to drive what you do.

How did your education at NDSU prepare you for what you are doing today:

It gave me a different approach on how to critically think and provide care. Asking the questions when needed and reach out for solutions instead of doing what has been the norm for however long it may be. The phrase "if it ain't broke, don't fix it" comes to mind as there can always be something to improve and make more efficient to improve outcomes.

Greatest professional accomplishment:

Becoming an athletic trainer. It is what I have always wanted to be and to finally say you are an athletic trainer may seem small, but you know personally in your heart all of the hard work that came along with it.

Anything else you would like to share with us?

NDSU helped me improve as an athletic trainer and feel honored to have graduated from a great program. Though it was just a short period of time up in Fargo, I will always be appreciative of the opportunity and time spent there.

