

Keli Poirier

Currently live: Durham, New Hampshire

Hometown: Ashburnham, Massachusetts

Year graduated from NDSU: 2016

Current job title: Assistant Athletic Trainer/PhD Candidate, University of New Hampshire

Describe your career path:



After graduating from NDSU I accepted a position at Brevard College as an Athletic Trainer. I worked primarily with Men's Lacrosse, Men's Soccer & Volleyball. I worked at Brevard College for a year when a position opened up at my undergraduate Alma matter, the University of New Hampshire (UNH).

I am embarking on my 3rd year as an Assistant Athletic Trainer at UNH working with the Men's Soccer as well as the Men and Women's Track & Field Teams.

Most important thing you learned while attending the MS in Advanced AT Program at NDSU:

I think the most important thing that I learned while attending NDSU was how to become a more critical thinker. This was two fold. First, I learned the importance of evidence based practice and applying it clinically whenever possible. Secondly, I learned how to be a better researcher. I learned to ask 'Why' and how could my research help further the evidence based research within the athletic training field.

How did your education at NDSU prepare you for what you are doing today:

I had a very limited knowledge of research prior to attending NDSU, since, I have become more fascinated with that aspect of athletic training. As a PhD candidate I will be able to continue researching and build upon the solid foundation of skills that I learned while at NDSU.

Greatest professional accomplishment:

My greatest professional accomplishment is when the UNH Men's Soccer team won the America East Championship in 2018. There was a lot of work that went on throughout the season behind the scenes as all athletic trainers know. The countless away trips, long hours, doctors visits, injuries, rehab protocols, and so much more that went on. I am proud of the end result and to be apart of that Championship season.

Anything else you would like to share with us?

NDSU helped shape my future career goals and I am thankful for all of the support that the faculty and staff gave to me. I learned a lot and use that knowledge every day in the athletic training room.