# Best Practices for Conducting Equitable Meetings

## Before the Meeting - Preparation for Equity:

Universal Design in the Meeting Space:

Ensure accessibility (seats for everyone, accessible entry points)

#### Invitations:

- Calendar invites sent ahead of time (include Zoom options)
- State that accommodations can be requested

#### Agenda Preparation:

- Share agenda ahead of time (use questions, state the goal)
- Set clear roles for participants
- Encourage feedback on the agenda

Note: Make sure the time and date of the meeting are during normal work hours and not during cultural or religious holidays: <u>Culturally Significant Dates</u> and <u>Interfaith Calendar</u>.

## Tips for Creating an Agenda:

#### State the Goal Clearly:

- Define the objective of the meeting.
- Ask: What do you want participants to think, do, or decide by the end of the meeting?

#### Frame Agenda Items as Questions:

- Pose agenda items as open-ended questions to guide discussions and create a space for diverse input.
- Example: How can we improve engagement for new members?

#### Estimate Timing for Each Item:

 Allocate a specific time for each discussion point to ensure the meeting stays on schedule and everyone has time to contribute. Be realistic about how long each item will take.

## Agendas cont.

#### Encourage Feedback on the Agenda:

 Before the meeting, ask for input on the agenda from participants to ensure that everyone's concerns are addressed.

#### Provide an Accessible Agenda:

- Send the agenda ahead of time in a readable format (digital or printed).
- Make sure participants have enough time to prepare, especially those who may need extra time to process information.

#### Be Flexible and Adapt as Needed:

- Leave room for adjusting the agenda if needed.
- Allow participants to suggest additional topics.

## During the Meeting: Inclusive Communication

#### Set Expectations for Behavior:

- Student Code of Conduct and Faculty/Staff Code of Conduct
- Include information on how to report concerns

- Promote Group Engagement:Use a "Yoda" to observe group dynamics
  - Recap consensus regularly
  - Consider seating arrangements for better interaction
  - Ensure virtual participants have a voice

### Mind Power Dynamics:

- Proactively consider diversity in attendees
- Ensure evéryone speaks (avoid letting any one person dominate)
- Interject when necessary to amplify quiet voices

## After the Meeting: Follow-Up for Clarity and Inclusivity

#### Send Meeting Minutes:

Include key decisions and action items

#### Encourage Reflection:

Invite participants to share insights post-meeting

#### Highlight Action Items:

Set deadlines and assign responsibility

## Additional Resources:

Harvard University Inclusive Meeting Guide

"Run Meetings That Are Fair to Introverts, Women, and Remote Workers"

**Inclusive Meeting Checklist** 

**Inclusive Science Meetings: Where to Start** 

How to Make Professional Conferences More Accessible for Disabled People: Guidance from Actual Disabled Scientists